



College of Tropical Agriculture and Human Resources
University of Hawaii at Manoa

Cooperative Extension Service

U.S. DEPARTMENT OF AGRICULTURE COOPERATING



Oahu 4-H News

"4-H is a community of young people across America learning leadership, citizenship, and life skills."

October 2005

Oahu 4-H Youth Development Program

President's Message

Aloha 4-H'ers,

Recently we had our 4-H Executive Board Retreat at Camp Erdman. The executive board made many changes to events so that it would increase participation and benefit the 4-H'ers more. The changes were made in the Fashion Review and Communications Fair. They will be combined and done in one day. The photography and fashion exhibits will be removed and made into a different event, in which all of the entries will be pre-judged and presented at the achievement banquet.

Thank you to everyone that filled out the recent 4-H survey. You helped in determining our community service activities this year....

Every other month we have a 4-H council meeting at the Urban Garden Center. I hope to have at least one representative from each club attend these meetings. I totally apologize for my not getting the word out on the last council meeting in September. I bloopered on that one and promise to send reminders to the leaders on all our upcoming meetings. We hope to have pizza for the November meeting to bribe you all to come!! The council meetings are at 3:30 on these dates:

November 20, 2005, UGC

January 15, 2006, UGC

March 19, 2006, UGC

May 21, 2006, UGC

Continue your hard work in school and home and have a great Halloween!

Hannah

Calendar of Events

OCTOBER



- 7 OMK Hero Pack Packing Session
Ag Sci 219, 6:30 pm
- 8 Hero Pack Distribution
National Guard Facility, 6 pm
- 13 Military 4-H Kickoff
Bennett Youth Center, 10 am
- 14 4-H Read to Me Design Team Mtg.
Ag Sci 219, 5:30 pm
- 15 Hero Pack Distribution/Tech Sess
Story Hour Nat'l Guard Armory 6
pm
- 18 Lights On After School Program
Fort Shafter Youth Ctr. 3-5:30 pm
- 19 Lights On After School Program
Bennett Youth Ctr. 3-5:30 pm
- 20 Lights On After School Program
Aliamanu Youth Ctr. 3-5:30 pm
- 21 Lights On After School Program
Helemano Youth Ctr. 3-5:30 pm

NOVEMBER

- 10 Holiday: Veterans' Day
- 20 4-H Council Meeting followed by
Parliamentary Wkshop: UGC 3:30 pm
- 24 Happy Thanksgiving!

Upcoming Oahu Events

LIFESMARTS

LifeSmarts helps kids learn lifeskills in a fun way, so we decided to come back for another exciting year. We'd like to invite you to join us for the 2005-2006 LifeSmarts Competition! Are you ready for the Challenge?

LifeSmarts, the Ultimate Consumer Challenge is a consumer education competition created for students in grades 6-12 by the National Consumers League and brought to Hawaii by the Department of

LIFESMARTS (cont'd)

Commerce and Consumer Affairs. The competition tests students on their knowledge of personal finance, the environment, technology, health and safety, and consumer rights and responsibilities.

The high school competition is open to students in grades 9-12. Teams may sign up and compete online from September 19, 2005 to January 15, 2006 (11 pm EST). At the end of the online competition, the top scoring teams will be invited to compete at the State Competition to be held in Honolulu on February 25, 2006. The winning team will go on to represent Hawaii at the National Competition in Philadelphia, Pennsylvania, April 22-25, 2006.

The middle school pilot program is open to students in grades 6-8. Middle school teams from Hawaii will take part in an online competition against middle school teams from across the nation. This pilot program is scheduled to run from October 17, 2005 to February 24, 2006.

Teens learn critical life skills in a competitive way that will build teamwork, self-esteem, verbal communications skills and leadership ability. This program will help teens learn how to be smart consumers and learn how to be responsible with their money in a fun way. LifeSmarts will complement any high school curriculum and can be used as a learning activity for classes, groups, clubs, and community organizations.

Hawaii joins 30 other states in this nationally-recognized consumer education program for high school students.

Check out the competition information for Hawaii at www.hawaii.gov/dcca and click on the LifeSmarts

link. Test your "LifeSmarts" by taking a practice quiz. You can take it as many times as you like. Start with the easy level or go straight to difficult. If you're interested in forming a team, or know of someone who might be interested, call 586-2760 for a free Coach's Guide. Registration is done on-line...it's that simple. Form your teams and get ready for LifeSmarts, the Ultimate Consumer Challenge.

LIFESMARTS (cont'd)

Middle School Competition (grades 6-8) Online Competition Only

October 17, 2005 to February 24, 2006 - National winners will be announced after the online competition closes in February.

High School Competition (grades 9-12) Online Competition

September 19, 2005 to January 15, 2006 (11 pm EST)
- Teams qualifying for the State Competition will be announced after January 15.

State Competition

February 25, 2006 in Honolulu, Hawaii

National Competition

April 22-25, 2006 in Philadelphia, Pennsylvania

Email me if you would like a free Coach's Guide sent to you. Or call me at 586-2760 for more information. Take a practice quiz at www.lifesmarts.org and visit our website at www.hawaii.gov/dcca for information on the Hawaii competition.

For more information, please contact:

Jackie Choy
State of Hawaii

Department of Commerce and Consumer Affairs
335 Merchant Street, Honolulu, HI 96813

Operation Military Kids

On Friday, October 7, 2005, there will be a gathering to pack the Hero Packs for Operation Military Kids at 6:30. This session will be held at the Ag Sciences Building, room 219 located at 1955 East West Rd. Aunty Claire needs a list of attendees in order to

make the necessary parking arrangements and issue the building code numbers.

This will be a great event where we can get together to pack the Hero Packs while socializing with fellow 4-H'ers. Please call me at 486-8554 with your head count by October 1, 2005. I hope you will join us for a fun filled evening!

Amber Kuitunen

Welcome

The 4-H Read to Me team welcomes new members Glenda Duldulao, Lyn Pascual and Allison Pascual. Also a welcome "back" to My Phuong Vong and Liane Koga who took a little break from serving on the team.

Thanks to the energy and enthusiasm of the design team, we are looking forward to further expanding our project outreach during the upcoming year. Already since the new school/4-H year started, groups from Mililani Middle, St. John Vianney, Farrington and Schofield Teen Center have requested kits to create storybook aprons. Mililani Kids Club (Kama'aina Kids) and Waipahu Elementary completed projects this summer.

Claire Nakatsuka

OMK Mobile Tech Lab

By the time this newsletter is distributed, our Mobile Tech Lab should be up and running. Twelve of the 24 OMK designated states have been given technology labs (laptops and other technological devices) to take technology programs out to the children of deployed soldiers. Hawaii was very lucky to be one of those designated states. Kelly Higelmire (a UH graduate student) has been hired as the OMK Mobile Tech Coordinator and is in the process of working with the Youth programs of the National Guard and Army Reserves to determine the types of programs needed. Be on the lookout for the 4-H/Boys and Girls Club Mobile Tech Lab out in the community!

Claire Nakatsuka

Military 4-H Celebration

In honor of National 4-H Week and to help kickoff the new 4-H year, the military 4-H club leaders and our military partners will be holding our 4-H kickoff on October 13, 2005, 10 am at Bennett Youth Center. In addition to the Army school-age and teen programs and Air Force school-age program, we look forward to welcoming back the Air Force teen program to 4-H club work.

Claire Nakatsuka

Youth Development Specialist Search

CTAHR is in the process of filling a Youth Development Specialist position which will be responsible to oversee the 4-H youth development program. (We have not had anyone in this capacity for over 10 years). During the month of September, two candidates were invited to take part in the interview process. Thank you to those of you who took the time to sit in on the candidates' seminar presentations and especially for providing your valuable feedback.

Mahalo,
The Search Committee

Response to Hurricane Katrina - We've Got Your Back

Do Something and Nickelodeon are launching an initiative to collect backpacks stuffed with new school supplies and personal items for the kids of the Greater New Orleans area. This campaign is called, "We've Got Your Back." The initiative is taping a Public Service Announcement with Jamie Lynn Spears and Lil Romeo, who are popular young celebrities each from Louisiana, that will air on Nick. The initiative will be working in conjunction with Teach for America (TFA) which places teachers ("corps members") in those public schools most affected by Hurricane Katrina. All the supplies will be sent to one central hub: Hogg Middle School in Houston. The TFA teachers will distribute them to their schools, classrooms, and kids. Sharpie® markers and Paper Mate® pens and pencils have already committed \$100,000 in new supplies. This is a direct, immediate way that kids in other parts of the country and beyond can make a difference in the lives of those affected. It is very difficult to watch these images and feel powerless. We can make a

difference. To find out more information about the We've Got Your Back initiative, please go to:

www.dosomething.org.

Claire Nakatsuka

2006 Harris Wofford Awards: Making Service and Service-Learning the Common Expectation and Common Experience of Every Young Person

Youth Service America is pleased to announce the prestigious 2006 Harris Wofford Awards, sponsored by State Farm Companies Foundation. Established in **2006 Harris Wofford Awards: (cont'd)**

2002, the Harris Wofford Awards were created to honor former Senator Harris Wofford - one of our nation's greatest public servants. The Awards recognize extraordinary achievements in three categories: Youth (ages 5-25), Organization (nonprofit, corporate, foundation), and Media (organization or individual) for actively contributing towards, making service and service-learning the common expectation and common experience of every young person.

A selection committee comprised of distinguished leaders in the service field is convened by Youth Service America to review nominations. Award Finalists will be honored and presented with an award of recognition at the 17th Annual National Service-Learning Conference, March 22-25, 2006 in Philadelphia, Pennsylvania. The recipient in the Youth category will receive a \$500 award for him/herself and a \$500 award for the non-profit organization of his/her choice.

Consider nominating outstanding youth advocates, co-workers, funders, donors, partners, board members, colleagues, nonprofit institutions, and members of the media that have increased the effectiveness, sustainability, and scale of youth participation across the United States. Self-nominations are permitted.

Past Harris Wofford Award winners include Alternatives, Inc. of Hampton, Virginia, considered one of the nation's finest youth development agencies. Recognized for their outstanding service to

the citizens of Hampton and for creating quality opportunities for young people to serve as decision makers in organizations and communities, they received the Organization Award in 2005. Theo Milonopoulos, won the Youth Award in 2003 for his inspiration to youth and children throughout Los Angeles. Theo, along with his twin brother, co-founded the nonprofit organization, Kidz Voice-LA, and successfully lobbied their City Council to pass a partial ban on ammunition sales in LA.

To apply, please visit www.ysa.org/awards, choose the nomination category, and download the

2006 Harris Wofford Awards: (cont'd)

appropriate application. Submit complete nominations by October 12, 2005.

For more information about the Harris Wofford Awards, contact the Grants Department at 202-296-2992 ext.11 or email woffordawards@ysa.org.

Claire Nakatsuka

Nominate Your Top 4-H Youth Volunteers

Plan now to nominate your program's top youth volunteers for The 2006 Prudential Spirit of Community Awards! This prestigious recognition program honors young volunteers in middle and high school grades for outstanding community service.

All county 4-H agents will be receiving detailed program information and applications in the mail. Also, information and applications are available at www.prudential.com/spirit or call 1-888-450-9961.

Please note: eligible members of your program must complete their application forms by Oct. 31, 2005, and your program's top application(s) must be postmarked to the state-level judging committee by Nov. 7, 2005.

Claire Nakatsuka

Hope Venture Grants for Hurricane Relief Efforts

MTV and Youth Venture are offering Hope Venture Grants of up to \$1,000 to support young people who want to launch a venture -- an organization, club, or

business -- that will aid those affected by Hurricane Katrina. First priority will be given to proposals that support the creation of sustainable ventures that aid the citizens and communities who have lost so much from this disaster. A second priority will be proposals to start organizations solely for the purpose of raising and distributing funds for those in need. Hope Venture Grants will be offered every week for the next six months to groups of two or more young people (ages 13-20) with the most compelling venture ideas to assist the people and communities affected. Applications for one-time projects will not be considered. For the official rules or application, see:

Hope Venture Grants...Relief Efforts (cont'd)

www.mtv.com/thinkmtv/features/take_action/disaster_relief/help4.jhtml. For tips and tools on starting your

venture visit Youth Venture at:

www.youthventure.org. For questions, please email: ny@youthventure.org. Please include "Hope Venture Grants" in subject line.

Claire Nakatsuka

Youth Action Net Award

YouthActionNet is now giving awards to youth leaders and their emerging projects that promote social change and connect youth with local communities. These youth-led projects should have clearly defined goals and have potential for growth or further replication. Final selections are made following a peer review process in which previous award winners select the next round of awardees. Award recipients will receive US \$500 and are eligible to participate in an international capacity-building workshop. For more information, visit http://www.youthactionnet.org/yan_awards or Tel: +1 410 951 1500 Fax: +1 410 347 1188

Claire Nakatsuka

Youth Literacy Grants

Youth Leaders for Literacy is an initiative of the National Education Association (NEA) and Youth Service America (YSA) to help youth direct their enthusiasm and creativity into reading-related service projects. The National Education Association will award 20 grants of \$500 each to student-led initiatives. Grant applications should propose youth

leadership in developing and implementing a literacy project that begins on NEA's Read Across America Day, March 2, 2006 and culminates on National & Global Youth Service Day, April 21-23, 2006. To be eligible for grant funds, applicants must include a scheduled activity (read aloud session, trip to the library, book-making, etc.) each week of the project period as part of the proposed service project. Applicants ages 21 and younger are eligible to apply as individuals or as groups. Grant applications must be postmarked by **November 21, 2005**. For more information or to download an application, visit: www.nea.org/readacross/volunteer/youthleaders.html

Claire Nakatsuka

2006 Food Show

The 2006 Food Show is scheduled for February 18, 2006 at Pearl City High School. This year's theme is "Family Favorites" along with other local and Kraft dishes. Please start thinking about which main dish, dessert or other recipes you would like to share.

The Food Show entry forms will be distributed in early October and are due at the Urban Garden Center on January 6, 2006. There will be a Food Pyramid workshop sometime in November, details will be sent out soon.

The Executive Board and Food Show committee have decided to eliminate the category awards this year. Therefore, there will be individual ribbons, top of show awards for each age group (seniors, intermediate, and juniors), along with HIFA and Kraft awards. In order to qualify for the top of show award, you need to enter two dishes.

The committee chairs are as follows:

Chair:	Amber Kuitunen (Na Piliialoha)
Awards:	Pot of Gold*
Cookbook:	Warriors/Celestial Warriors*
Placemats:	Evan Hashizume (Clover Kids)
Set-up:	PCHS Key Club
Registration:	Just Us*
Host/Hostesses:	Pearl City Pride/Onipa'a Cowboys PC
Judging :	Farrington FCCLA Chapter
Scoring:	4-H Alumni Association
Computing:	Unicorns*
Entertainment:	FCE Ladies

Publicity:	Joli Umetsu (Na Piliialoha)
Music:	Walter Horikawa (Krazy Friends 4-Ever)
Program:	Christine Chun (Na Piliialoha)
Clean-up:	Kym Kanenaka (Clover Kids)

*Youth chair to be determined

Hope you all participate in the Food Show and share your favorite family dishes!

Amber Kuitunen

Past Events



"Get the Drift and Bag It"

On Saturday, Sep 17, the AMR Middle School and Teen Program participated in the City Parks and Recreation, "Get the Drift and Bag It" Litter Campaign at Neil Blaisdell Park. The teens were briefed on the area for clean up and a data form to record the amount of litter picked up as well as the type of litter being picked up. CJ who coordinated the event provided us with gloves and trash bags.

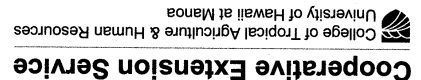
The event started at 0800. It took us 2 hours to complete the task of picking up trash anywhere from cigarettes to fish lines. We also pulled bicycle tires and a boom box in the shrubs along the shoreline. All together, we tallied 611 trash items we collected that morning. The six teens were amazed at the number of items picked up and did their share of cleaning our shorelines and aina.

Nelson G. Acosta, AMR Teen Center

recognition, whether through 4-H, school, or the community, we'd like to share the news through this newsletter! Please send us newspaper clippings, photos, digitals, and articles by the 20th of each month to my e-mail or business address:

Steven Y. Nagano
County Extension Agent
4-H Youth Development Program
Fax: 453-6052
E-mail: snagano@hawaii.edu
Mail: 955 Kamehameha Hwy
Pearl City, HI 96782-2501
Telephone: 453-6050, 453-6054
Web: <http://www.ctahr.hawaii.edu/4h/Oahu>

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Oahu 4-H News Articles Needed!

If any of you or your 4-H club members have done something special or received some special

“To Make the Best Better”

4-H is the youth development program of the Cooperative Extension Service, a statewide, non-formal education system within the University of Hawaii at Manoa's College of Tropical Agriculture and Human Resources. For more information about the 4-H Youth Development Program, contact us or visit our 4-H website at <http://www.ctahr.hawaii.edu/4h/>

Cara Chang
Na Piliāloha 4-H Club
Oahu 4-H Council Historian



“4-H is a community of young people across America learning leadership, citizenship, and life skills.”

If you have a disability and require special assistance during any of our planned 4-H activities, please call the applicable County Extension 4-H Youth Development Agent 2 weeks prior to the event.

2005 Make A Difference Day

Make A Difference Day is a national day of community service sponsored by USA Weekend Magazine and its more than 600 carrier newspapers.

Held in partnership with the [Points of Light Foundation](#), the day is an annual event that takes place on the fourth Saturday of every October. The next event will take place Saturday, October 22, 2005. Paul Newman, who donates all after-tax profits from sales of [Newman's Own](#) products to educational and charitable purposes, continues his support of Make A Difference Day this year, and will donate \$10,000 each to ten selected projects. These ten honorees, plus hundreds of local honorees, will be spotlighted in an April 2006 issue of USA Weekend, coinciding with National Volunteer week, and on the program's Web site.

Anyone can participate in the day by participating in a volunteer project that helps others. Volunteer projects can be large or small, and can be one-day, stand-alone projects or part of ongoing efforts. After participating in a project on Saturday, October 22, volunteers should send in an entry form to be considered for an award. (Volunteers who cannot participate on Saturday for religious reasons, may do their projects on Sunday.) Visit the program's Web site for volunteer project ideas and complete details on submitting an awards entry form.

<http://usaweekend.com/diffday>.

Claire Nakatsuka