



Oahu 4-H News

"4-H is a community of young people across America learning leadership, citizenship, and life skills."

September 2005

Oahu 4-H Youth Development Program

President's Message

Aloha 4-Hers,

I hope that everyone had a great summer. As the summer ends, the new 4-H year begins. The Executive Board will be meeting on September 10 and hopefully everyone is revved up with ideas and enthusiasm for the coming year. I know my goals are probably ideas we've all heard before but I plan to continue Amber's legacy which is getting the 4-Hers to participate more in all our events. This means getting you the 4-Hers to have more hands-on experience in the planning and doing of our events... or more specifically "LEARN BY DOING". If we take the ownership of the events instead of depending on our leaders, we would be more apt to produce an event we want to be a part of. We are so fortunate to have great agents, leaders and parents guiding us, I know we can do it. Don't be afraid to step up to the plate, you won't be standing alone as you have a whole team behind you!

Thank you to the clubs that did turn in the surveys. I will be sharing the results at our next council meeting. Date and times will be forthcoming. But if you didn't hand a survey in, it's not too late. You may also at anytime send me comments or suggestions. Please e-mail me at soccergalhannah@hawaii.rr.com or send it to my house: 95-220 Kuahaua Pl. Mililani, HI 96789. These surveys will be read by the leaders and executive board and we will try to do all that we can to improve the program.

Lately, all we see is tragedy and sadness due to Hurricane Katrina and the war in Iraq. It is a good time to inventory all the good things in our lives and how fortunate we really are. Do you realize with an organization like 4-H, we can do some good in this world, no matter how small or insignificant it may be, we can make a difference? I encourage each of you to step up to the plate and be part of our team!

Aloha,

Hannah



Calendar of Events

Claire Nakatsuka

SEPTEMBER

- September 2 4-H Read to Me Design Team meeting, 5:30 pm, Ag Sci 219
- 9 Hawaii Operation Military Kids team meeting, 9 am, Boys and Girls Club of Honolulu
- 13 – 15 4-H 101 Training, 9 am – 1 pm, Aliamanu Youth Center
- 18 Oahu 4-H Council meeting, 3:30 pm, Urban Garden Center
- 25 Food Show planning meeting, 4:00 pm, Urban Garden Center

4-H 101...Military Style!

The Army 4-H 101 team will once again be offering 4-H 101 training to new military 4-H club leaders and invite all other interested volunteers to learn about the basics of 4-H club work. The training will be held: Tuesday and Thursday, September 13 and 15, 2005, from 9 am – 1 pm at the Aliamanu Youth Center, 1781 Bougainville Dr. RSVP by September 5 to C. Nakatsuka at 956-7196 or email

nakatsuk@hawaii.edu

Claire Nakatsuka

Hero Pack Letters Needed

Thanks to the efforts of many youth and adult volunteers, we have been able to distribute about 350 Hero Packs to date. We have another 300 more waiting to be delivered that need letters. Clubs or youth groups willing to write short, personal letters to thank the children of deployed soldiers for their sacrifices, please contact C. Nakatsuka at 956-7196 or email nakatsuk@hawaii.edu. Our goal is to distribute the remaining 300 by the end of September! Please help make this happen!

Claire Nakatsuka

OCTOBER



- October 1 Due 4-H Club forms
- 2-8 National 4-H Week
- 13 Oahu County 4-H Livestock Committee, 7 pm, Urban Garden Center
- 14 Record Book Workshop, 7 pm, Urban Garden Center RSVP Rose Saito
- 31 Happy Halloween!

Upcoming Oahu Events

Angel Soft Million Family Service Pledge

The maker of Angel Soft toilet paper values the importance of volunteering, and in an effort to encourage family volunteerism, the Angel Soft Million Family Service Pledge was created at: www.angelsoft.com. Families are being asked to volunteer together and help their communities, and volunteers who are 18 years or older can also enter for the chance to win \$5,000. If organizations are interested in helping to spread the word about the Angel Soft Million Family Service Pledge, an online button for Websites is available. Visitors can learn more about volunteering and the take the pledge. For more information, please contact: Colleen Cone, ccccone@WeberShandwick.com or via phone at 312/988-2365.

Hawaii Recycling Program

The Hawaii 4-H Foundation Board has agreed and voted to support a proposal to develop a statewide 4-H recycling program. Youth representatives *Renni Fay Iwasa* and *Amber Kuitunen* will be spearheading this program. The primary objectives of the program are to encourage 4-H'ers to take on leadership roles on all islands in rallying up community participation in the State's recycling project, make a positive impact on reshaping the public's recycling habits, and generate revenues from can collection to be used for local club and county 4-H projects. This project will also get the 4-H Club name back into the mainstream media as a youth organization involved in community service projects, especially in environmental issues; improve 4-H image in the eyes

of local corporations prior to funding solicitation; support 4-H member recruitment activity; and encourage participation on military installations via affiliated 4-H youth clubs.

Hawaii Recycling Program (cont'd)

The Hawaii 4-H Foundation has approved \$500 to help jump-start the project. We are looking for youth volunteers to serve on a design committee to develop and implement this program. This is an excellent opportunity for youth leaders to share ideas with other 4-Hers statewide, learn by doing and make a contribution to our organization as well as our community.

Anyone interested in this exciting opportunity should email *Renni Fay* (susan.iwasa@sheraton.com) or *Amber* (amberk_07@hotmail.com) by September 17, 2005.

Amber Kuitunen

National 4-H Week

National 4-H Week is Sunday, October 2 through Saturday, October 8, 2005. National 4-H Week welcomes you to connect with the 4-H community where young people across America are learning leadership, citizenship and life skills. This year's theme is *Make the 4-H Connection*.

How can you promote events going on in your community? What do you need to get it all done in time? Where can you hold an event? The National 4-H Week 2005 Kit contains a wide variety of media relations and marketing communications collateral to help you successfully promote National 4-H Week 2005 events and activities in your community. The media kit can be found:

http://4hmediaresources.4husa.org/4hweek_kit.htm

The kit contains the following materials: activity guides, bookmarks, brochure, certificates, fact sheets, folder labels, interview information, letterhead, logos, name badges, news release template, newspaper ads, placemats, posters, proclamations, radio PSAs, table tents and many tips, resources and how-to-guides.

Many of the materials are available in a version that you can easily save and open in Microsoft Word,

customize with your community and contact information and print on color printers.

National 4-H Week (cont'd)

All files are in .jpeg (graphics), Adobe .pdf and Microsoft Word. There is a link on the site to help you download the Adobe Reader software.

We hope you find these materials helpful and look forward to promoting National 4-H Week across the 4-H community. Once you have used the site, please take a moment to fill out our survey so we can make National 4-H Week 2006 even better!

If you have any questions, please contact *Allyson McMahan* at amcmahan@fourcouncil.edu or 301-961-2915.



Claire Nakatsuka

Keep Alive the September 11th Spirit of Giving and Selflessness

One Day's Pay is a nonprofit organization leading the effort to establish September 11th as a national day of voluntary service, charity, and compassion. Their mission is simple: to encourage people everywhere to set aside time every September 11th to help others in need. In this way, they hope to keep alive forever, in memories and actions, the spirit of giving and selfless service that unified The United States following the terrorist attacks. If you'd like to join the effort, visit the One Day's Pay website (www.onedayspay.org) and register your good-faith, non-binding, and confidential pledge to devote a portion of your day on September 11th to serving others in any fashion you deem appropriate. And you don't need to decide right now what to do to register a pledge. Check out other ideas for further guidance or to find opportunities in your community.

Claire Nakatsuka

Aloha Letters of Care and Hope

The Executive Board officers met at Camp Erdman on September 10th to plan the calendar and budget. The officers decided to do have all 4-H members write letters of support to the families displaced

Aloha Letters of Care and Hope (cont'd)

from Hurricane Katrina as a service project . A sample "Aloha Letter" template drafted by *Jana Yakushiji* is attached.

Dear Fellow 4-H'er,

Aloha, my name is (you fill in the blanks) and I am a member of the (clubname) 4-H Club in Hawaii. As a 4-H'er, some of the activities I participate in are (please list your projects).

I understand the devastation that Hurricane Katrina has caused for you and your family. In Hawaii, we are concerned for your well-being and always have you in our thoughts.

Please keep up your spirits!

Sincerely,

(your name)



Letters or cards can be dropped off at the office and we can mail it as one package. You can also send your letters to Mississippi Operation 4-H Relief—Letters of Caring & Hope, Box 9641, MS State, MS 39762. More information is available from the Michigan CARES website at:

http://msucares.com/4h_Youth/4hrelief/index.html#

Steve Nagano

***Congratulations...4-H'ers and
Volunteers***

2005 Hawaii State 4-H Livestock Show

These are the results from the state livestock show held at Kualoa Ranch on June 25, 2005. The Oahu members receiving awards were:

Champion Dairy Herdmanship	<i>Levi Rita</i>
Champion Lamb Herdmanship	<i>Anohea Salazar</i>

1st Place Beef Jr. Showmanship	<i>Levi Rita</i>
2nd Place Beef Jr. Showmanship	<i>Shelby Rita</i>

Champion Dairy Heifer	<i>Levi Rita</i>
Res. Champ. Dairy Heifer	<i>Presley Vanderstroom</i>
1st Place Dairy Showmanship	<i>Levi Rita</i>

2nd Place Dairy Showmanship	<i>Cassandra Jobe</i>
Champion Dairy Exhibitor	<i>Levi Rita</i>

Champion Swine Carcass	<i>Kaua Barros</i>
2nd Place Swine Jr. Showmanship	<i>Hunter Quilinderino</i>

2005 Hawaii State 4-H Livestock Show (cont'd)

Swine Mgmt., Prod., Eff. Carcass Merit	<i>Julianna Quilinderino</i>
--	----------------------------------

Champion Lamb	<i>Joshua Eguires</i>
Res. Champ Lamb	<i>Cassandra Jobe</i>
Champion Lamb Carcass	<i>Jessica Silva</i>
Res. Champ. Lamb Carcass	<i>Jake Rita</i>
1st Place Lamb Jr. Showmanship	<i>Shelby Rita</i>
1st Place Lamb Sr. Showmanship	<i>Jessica Casson</i>
2nd Place Lamb Sr. Showmanship	<i>Cassandra Jobe</i>
Champion Lamb Exhibitor	<i>Anohea Salazar</i>

Steve Nagano

Family Support Group

A heartfelt mahalo to the members and leaders of Na Pili aloha and Pot of Gold 4-H Clubs. They provided 4-H learning experiences on August 6th for the children of Army reservists while their parents met in their family support group. Besides being treated to lively stories read by *Joli Umetsu and Amber Kuitunen*, the children were able to take part in a service activity by creating cards for HUGS (Help, Understanding & Group Support) a group that supports families of terminally ill children. The children also concluded their afternoon with a hands-on nutritional snack activity.

Claire Nakatsuka

Record Book

Congratulations to our seniors. *Joli Umetsu* received a blue ribbon and *Kristen Kohashi* received a purple ribbon. A purple is awarded to a junior or senior 4-H'er with an outstanding book.

Steve Nagano

Past Events

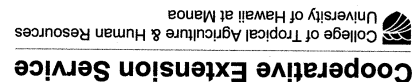
Family Fun In The Sun

The Boys and Girls Club of Honolulu and the Hawaii Children's Museum's National Kids Day event on

July 31st was a great way to promote Operation Military Kids and the 4-H Hero Packs. Thanks to OMK team member *Jana Yakushiji* for helping to set up and man our booth. We were able to collect quite a few letters from children to include in our Hero Packs!

Claire Nakatsuka

County Extension Agent
4-H Youth Development Program
Fax: 453-6052
E-mail: snagano@hawaii.edu
Mail: 955 Kamehameha Hwy
Pearl City, HI 96782-2501
Telephone: 453-6050, 453-6054
Web: <http://www.ctahr.hawaii.edu/4h/Oahu>



Cooperative Extension Service
University of Hawaii
College of Tropical Agriculture and Human Resources
4-H Youth Development Program
955 Kamehameha Highway
Pearl City, Hawaii 96782-2501

What's Inside:

	<u>Page</u>
President's Message	1
Calendar of Events	2
Upcoming Oahu Events	2-4
Congratulations 4-H'ers and Volunteers	4
Past Events	4

Oahu 4-H News Articles Needed!

If any of you or your 4-H club members have done something special or received some special recognition, whether through 4-H, school, or the community, we'd like to share the news through this newsletter! Please send us newspaper clippings, photos, digitals, and articles by the 20th of each month to my e-mail or business address:

Steven Y. Nagano

"To Make the Best Better"

4-H is the youth development program of the Cooperative Extension Service, a statewide, non-formal education system within the University of Hawaii at Manoa's College of Tropical Agriculture and Human Resources. For more information about the 4-H Youth Development Program, contact us or visit our 4-H website at <http://www.ctahr.hawaii.edu/4h/>

Cara Chang
Na Pili'alo'ha 4-H Club
Oahu 4-H Council Historian



“4-H is a community of young people across America learning leadership, citizenship, and life skills.”

If you have a disability and require special assistance during any of our planned 4-H activities, please call the applicable County Extension 4-H Youth Development Agent 2 weeks prior to the event.