

1



Bok Choy can be found in the grocery store all year long.

**BOK CHOY**

2



Asparagus tastes great cooked on a grill.

**ASPARAGUS**

3



Sprinkle some parmesan cheese on broccoli for a tasty treat!

**BROCCOLI**

4



Eat celery with a little peanut butter or your favorite salad dressing for a tasty snack.

**CELERY**

5



Spinach cooks down to 1/3 of its uncooked size!

**SPINACH**

6



Did you know there is a pea flavored soda?

**PEAS**

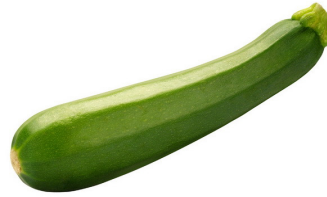
7



Use lettuce as an alternative to tortillas.

**LETTUCE**

8



George Washington, the first U. S. president, loved to grow squash

**SQUASH**

9



Green beans make a tasty raw snack.

**GREEN BEANS**

1



The kiwi used to be called the Chinese gooseberry.

**KIWI**

2



Sprinkle a little coconut milk on top of honeydew melon for a great dessert.

**HONEYDEW  
MELON**

3



25 % of an apple is air. That's why they float!

**GREEN  
APPLES**

4



Mexican lemonade is made with limes.

**LIMES**

5



Use avocado place of mayonnaise on your sandwich.

**AVOCADO**

6



Have you tried sour sop?  
This exotic fruit is a favorite in S. America.

**SOUR SOP**

7



Add green grapes to a salad for a little sweetness.

**GREEN GRAPES**

8



Cabbage goes great in casseroles, soups, and stir-fry.

**CABBAGE**

9



Pears used to be very rare and expensive.

**PEAR**

**R**

To use this REVERSE card:

Name two **GREEN** fruits you would like to eat this week.

**REVERSE**

**S**

To use this SKIP card:

Think of a snack using one **GREEN** fruit.

**SKIP**

**+2**

To use this DRAW 2 card:

List any 3 **GREEN** fruits.

**DRAW 2**

**R**

To use this REVERSE card:

Name two **GREEN** vegetables you would like to eat this week.

**REVERSE**

**S**

To use this SKIP card:

Think of a snack using one **GREEN** vegetable.

**SKIP**

**+2**

To use this DRAW 2 card:

List any 3 **GREEN** vegetables.

**DRAW 2**