

Basic Kitchen Tools

Liquid Measuring Cup Dry Measuring Cup Measuring Spoons



Cutting Board



Knife



Spatula



Spoon



Mixing Bowls



Can Opener



Grater



Peeler



Hot Pad



Baking Pan



Pan



Pot



Pot Holder



Scrubber



This material was produced by University of Hawaii's Cooperative Extension Service's (UH-CES) Nutrition Education for Wellness Program (NEW) and its Supplemental Nutrition Assistance Program-Education (NEW-SNAP-Ed) with funds from United States Department of Agriculture's Supplemental Nutrition Assistance Program.

For NEW-SNAP-Ed nutrition education programs, contact the University of Hawaii Cooperative Extension Service at 1955 East-West Road, Agricultural Science Building 306, Honolulu, Hawaii 96822; (808) 956-4124

