

# Food: Just Grow It!

Growing your students' thinking and reasoning skills.



**Food: Just Grow It!** is an agricultural project of the College of Tropical Agriculture and Human Resources Cooperative Extension Services, Hawaii Department of Health and Hawaii Department of Education.

**Food: Just Grow It!** offers:

- training for school teams
- resources and technical support in organic/sustainable agriculture, nutrition, food safety, horticulture therapy and service-learning.

**Food: Just Grow It!** promotes:

- personal and consumer health
- mental and environmental health
- healthy nutrition and physical activity
- concern for the environment through agriculture-related activities
- sound decision-making.

**Call us!**  
**956-4124**



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