



FOOD: JUST GROW IT! Project Logic Model

Waimea High School 2002-2003 School Year [06/027/02]

Objectives:

1. Acquire and apply conceptual knowledge of health promotion, disease prevention, and biological science.
2. Acquire and apply methodologies for healthy lifestyles, disease prevention, and biological science through food production.

Inputs	Outputs	Outcomes		
		Short-term (increase knowledge, learn new methods)	Medium-term (use improved knowledge, skills, attitude)	Long-term (improved human, environment, economic conditions)
Teachers CTAHR/CES Agencies Guest Speakers: Farmers Chefs	Incorporate FJGI Curriculum Create Sustained Garden Reach 90+ students	<i>Rot for Your Plot</i> <ul style="list-style-type: none"> ➤ Students learn methods in maintaining sustainable gardens <i>5-A-Day</i> <ul style="list-style-type: none"> ➤ Students learn about healthy food choices based on dietary guidelines and the food guide pyramid ➤ Students learn how to prepare nutritious meals <i>Sense of Caring</i> <ul style="list-style-type: none"> ➤ Students plan and organize community service projects 	<i>Rot for Your Plot</i> <ul style="list-style-type: none"> ➤ Students grow crops ➤ Students create compost for re-use ➤ Students harvest crops for food preparations <i>5-A-Day</i> <ul style="list-style-type: none"> ➤ Students eat 5 fruits/vegetables per day <i>Sense of Caring</i> <ul style="list-style-type: none"> ➤ Students able to plan Nutritious Foods “Service” project ➤ Students conduct project 	<ul style="list-style-type: none"> ➤ Grow naturally grown products ➤ Teens eat more nutritious foods ➤ Teens get involved in community

External Influences: