

Hawaii Child Care Nutrition Program
Fall 2009 Workshop “Frequently Asked Questions”

“Get the Facts: Nutrition Facts!”

1. How much does it cost?

It's free!

2. Do I need to sign up?

Yes, note that you need to turn in a registration form and that space is limited.

3. How do I sign up?

Registration forms can be found on our website at: www.ctahr.hawaii.edu/new/hccnp

Please fill out the form and e-mail, mail, or fax it back to us at:

Hawaii Child Care Nutrition Program
1955 East-West Road, #306
Honolulu, Hawaii 96822
ATTN: Kimberly Kanechika
hccnp@hawaii.edu
(808) 956-6457 (fax)

You will receive a confirmation letter to confirm your registration.

4. What are all the dates and times?

See enclosed flyer for “workshop schedule” or access our website at:
www.ctahr.hawaii.edu/new/hccnp

5. What is the difference between the different sessions on Wednesday / Thursday (for the neighbor islands) and on Friday/Saturday (for Oahu)?

Nothing. “Get the Facts: Nutrition Facts!” will be presented at both sessions at the specified times and locations.

6. What will the workshop be about?

This workshop will focus on label reading and cover areas such as nutrient content claims, whole grains, ingredients lists and allergy statements.

The University of Hawaii, Cooperative Extension Service (UH-CES) recognizes its duty to provide program accessibility for persons with disabilities. If you have a disability or need special assistance (e.g., sign language interpreter, designated parking), please contact Kimberly Kanechika two weeks prior to the workshop date so that special arrangements can be made.