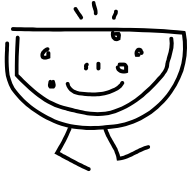


Get the Facts: Nutrition Facts!

The Fall 2009 workshops are for family child care providers to learn about how to read nutrition food labels, learn about whole grains and food allergies.



Neighbor Islands



Wednesday, September 9

4:30 pm—6:30 pm
Hawaii County Mayor's
Conference Room in Kona

Wednesday, September 16

4:30 pm—6:30 pm
Maui Community College

Wednesday, October 7

4:30 pm—6:30 pm
Kauai Community College

Wednesday, October 28

4:30 pm—6:30 pm
Komohana Research & Extension
Service (Hilo)

Thursday, September 10

4:30 pm—6:30 pm
Hawaii County Mayor's
Conference Room in Kona

Thursday, September 17

4:30 pm—6:30 pm
Maui Community College

Thursday, October 8

4:30 pm—6:30 pm
Kauai Community College

Thursday, October 29

4:30 pm—6:30 pm
Komohana Research & Extension
Service (Hilo)

**The workshops offered on Wednesday and Thursday will cover the same content.*

For more information, visit our website:

www.ctahr.hawaii.edu/NEW/HCCNP

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