Welcome to Oahu 4-H’s online newsletter!

May 2012

President’s Message

Aloha 4-H Leaders, Members, and Parents,

Congratulations everybody for another successful Fashion Show. I wasn’t able to make it, but I’m sure our 4-Hers did a great job modeling their clothing as well as with the photography and 2-D art.

Would you like to be on the Executive Board? If you are a 4-Her in the 7th grade or above, or know anyone who is, we ask you to look into an Exec Board officer position for next year. You’ll be helping the community, and building life skills. If you are interested, contact Jake Lockwood. Elections will be held at the May council meeting. All candidates must attend.

Coming up is the Achievement Banquet. It’s a great way to wrap up the 4-H year, say farewell to the seniors, and meet the new officers. More info will come out shortly.

The year is winding down, so start working on you record books!

Aloha,
Farin Fukunaga

Upcoming Events

MAY

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<td>8</td>
<td>Hawaii OMK Team Meeting @ UGC, 9am</td>
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<td>15</td>
<td>Military 4-H Leader Training/Recognition @ Schofield Youth Center, 10am-noon</td>
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<td>15</td>
<td>Portfolio due for state judging</td>
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<td>Council Meeting – Elections @ UGC</td>
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JUNE

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<td>3</td>
<td>Executive Board Meeting with New Board Members @ UGC, 3pm</td>
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<td>Record Books Due</td>
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<td>18-22</td>
<td>OMK Youth Camp @ American Samoa</td>
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<td>23</td>
<td>Oahu 4-H Achievement, place and time TBD</td>
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<tr>
<td>25-28</td>
<td>Hawaii Military Adventure Camp @ Camp Erdman</td>
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Oahu Events

Election Season

The election for the Oahu County 4-H Council Executive Board is coming up and I thought it would be good to give you all a heads up on what’s going on. The elections will be held at the Council meeting on May 20th, 3:00 pm at Urban Garden Center. Each club will have a maximum
of three voting members, only one of which can be a leader and the other two are enrolled club members. Below is the list of 4-Hers who were nominated at the food show meeting. Nominations will also be accepted from the floor. All candidates need to be present for the elections.

**President:**
Erin Voss (was not present when nominated)

**Vice President:**
Kathleen Corpuz
Amy Peria
Staci Kohashi

**Secretary:**
Amy Peria

**Treasurer:**
Aiko Doike
Farin Fukunaga

**Historian:**
Zachary Fielding

**Sergeant-at-Arms:**
Kathleen Corpuz
Zachary Fielding
Shawn Le
Joseph Lockwood
Jonathan Lum

Here are bios from three of the candidates. Good luck to all our nominees.

**Farin Fukunaga for Treasurer**
Show me the Money!

Aloha Oahu County 4-H! As you all know, I’m Farin Fukunaga, the current President of the Exec Board, and I am running for office Treasurer. Many of you know me from many years of 4-H, but let me tell you why I’m qualified to be your next Treasurer: 1) I feel that I have become well accustomed to working with the Exec Board from my experiences as Vice President, Sergeant at Arms, and President. 2) I love numbers. Being responsible for all of 4-Hs money is a large task, but I believe that I can handle the math and responsibility. 3) I want 4-H to be successful. From my time in 4-H, I have seen how event like the Fashion Show, Food Show, and Communications Fair has helped 4-Hers develop skills such as sewing, cooking, public speaking, discipline, and responsibility. I would like to continue being part of this uplifting tradition. Elections are May 20, 2012, and I hope to see you there. Good luck to all candidates, and remember to vote Farin for Treasurer!

**Kathleen Corpuz (Vice President, Sgt. At Arms)**

Aloha! I am Kathleen Corpuz, a sophomore at Farrington High School and a member of the Farrington FCCLA, Hawaii Meth Project and T-Shirt Theatre. For the past two years, I have served as the Vice President of the Class of 2014. I enjoy serving our community, and therefore am active in events such as the Foster Family Holiday Luncheon, Kids Fest, Leeward Family Festival and the Festival of Giving.
As the Class of 2014’s Vice President, I helped to plan and implement our events and projects. We fundraised, and organized ourselves in class spirit competitions. I was also a part of a theatre group where I learned to express my feelings and share my opinions to others. But becoming a member of FCCLA has made the biggest impact in my life. I began to attend a variety of events and became aware of the need to help the community. Just a year ago, I worked with my friends on a project about building relationships and how we were able to maintain it. We competed in both the state and national divisions to share our concern. We won gold in both divisions and it inspired me to keep working on new projects every year.

This year, I volunteered to chair the Oahu county 4-H Communications Fair. It was a lot of stress, but I had fun organizing the fair and it taught me a lot of leadership skills. I used my knowledge to advertise the event using social media, email, flyers, and newsletters. I also met other members from different schools. The Communications Fair was successful with everyone’s help. This event helped me realize how 4-H is such a diverse organization. Now, I want to continue to learn and develop my leadership skills to strengthen our 4-H club and have fun!

Amy Peria (Vice President, Secretary)

I, Amy Peria am a sophomore at Wallace Rider Farrington High school. I am the youngest of two children and I am very proud to say that the experiences I’ve had shaped me to who I am today. My first leadership experience began as a third grader at the College of St. Michael the Archangel where I was the manager of my group during cleaning hours. The following year, I was elected as president. From that moment on, I realized that I love being a leader. Although I knew that the class council elections were a popularity contest in high school, I decided to run for a position on the Class of 2014 council. Sadly, I was not elected, this experience gave me the determination to become the leader I have always wanted to be. I am currently the Vice President of Competitive Events for the Farrington FCCLA chapter, the largest in the state. I am also on the school’s Varsity Tennis team.

I am a two year member of Farrington FCCLA 4-H club. Jane Raquinio and myself developed and conducted a game, we called ‘Fat-Be-Gone’ where we were able to reach out to children ages 5-12 years old. This game is about making healthy choices. Children selected healthy and unhealthy foods and placed the items on a large ‘plate.’ The children and their parents learned about making healthy food choices, foods with healthy and unhealthy fats. We conducted this game at the annual Kidsfest held in October at the Bishop Museum. I attended the ‘Get Fueling for Health’ workshop in January at the University of Hawaii at Manoa. This workshop allowed us to dorm at the University of Hawaii and learn about planning a healthy diet, the importance of physical activity, and how to read nutrition fact labels. These experiences with 4-H provided me the opportunities to not only learn about being healthy, but also to teach others about healthy eating. These lessons made me become more aware of my health.

Family, Career, and Community Leaders of America (FCCLA) helped me grow as a leader. During my freshman year, I conducted a project called Solving Friendship Problems. I was able to reach out to my peers about the consequences of unresolved friendship problems. We wrote and performed mini skits and presented an interactive presentation to five classes. This project helped my partner and myself win a gold medal at the Hawaii State Career and Technical Student Organization Conference. We then represented Hawaii at the National FCCLA Leadership Conference in Anaheim, California last July. We brought home silver medals for our project. At the 2012 Hawaii State CTSO Conference, Jane Raquinio and myself were awarded gold medals for our ‘Prevention Against Cholesterol’ project. As a teenager who has high levels of cholesterol, I did not want the younger generation to experience what I have gone
through. Therefore, I decided to raise awareness among children ages 8-15 years old about cholesterol. We designed and implemented a game, ‘Fat-Be-Gone’ at Kids Fest, the annual HMSA family fair. We also led workshops at Kalakaua Middle School to educate students about the dangerous illnesses that is caused by high levels of cholesterol. Once again, I am blessed that I will be representing our state at the National FCCLA Leadership Conference in Orlando, Florida this coming July.

Jacob Lockwood

Portfolio/Record books

Those seniors 4-H club members interested in completing the portfolio for entering for the trip to National 4-H Congress. The County deadline for the portfolio is May 15th to my office. I will look them over and return to you so you can submit your completed portfolio by May 25th. All other record books...cloverbuds, junior and senior books are due to my office by Wednesday, June 6th.

Rose Saito

Weinberg YAR Grants

The Hawaii 4-H Foundation is seeking applications for Children, Youth, and Families at Risk projects. These projects will be funded by The Weinberg Foundation through an endowment fund. The funds are intended to improve program delivery, initiate new community collaborations and significantly expand effective programs that provide an alternative form of education for youth at risk. These programs assist youth develop life skills, leadership and individual responsibilities. This year the interest rate is 1.45%, thus the amount available for award is $4,350.00.

Applications will be accepted only from staff, volunteers or organizations authorized by the Cooperative Extension Service, College of Tropical Agriculture & Human Resources, University of Hawaii at Manoa, to use the 4-H name and emblem.

Funding categories shall be aligned with National 4-H Program Initiatives. The funding categories for which groups can apply, include:

1. Healthy Living. To plan, implement, evaluate, and replicate Healthy Living program focused on healthy living initiatives including nutrition, physical fitness, substance abuse, safety, and social and emotional wellness.

2. Science. To plan, implement, evaluate, and replicate Science programs, promoting scientific inquiry and critical thinking skills with hands-on learning experiences to ensure global competitiveness and prepare the next generation of science, engineering, and technology leaders. 4-H Science initiatives shall focus on youth developing an interest in complex systems and issues that will ensure their contributions to their communities today and their success as global leaders tomorrow.

3. Citizenship. To plan, implement, evaluate, and replicate educational programs which assist young people to develop citizenship, leadership, and individual responsibility in a learn-by-doing environment. Citizenship programs shall focus on empowering young people to be well-informed citizens who are actively engaged and giving back to their communities and the world.

http://www.ctahr.hawaii.edu/4H/forms/Weinberg_YouthAtRisk_GrantReqApp.pdf
Please submit applications to the Hawaii 4-H Foundation, 118 Gilmore Hall, 3050 Maile Way, Honolulu, HI 96722-2231. All applications must be postmarked no later than Friday, June 1, 2012.

Walter Horikawa
Hawaii 4-H Foundation Program Chair

Western Regional Leaders Forum 2013

The Western Regional Leaders Forum will be happening here at the Waikiki Beach Marriott and Spa Hotel, March 21 – 24, 2013. We are looking for 4-H leaders or other resources in the community who would like to do 1 ½ hour workshops related to subjects applicable to 4-H youth or to various cultural topics Hawaii has to offer. We are expecting about 500 people. Please go to the Hawaii State 4-H webpage and the “Call for Proposal!” is listed under the WRLF page. http://www.ctahr.hawaii.edu/4H/wrlf.htm Fill the application and turn it in by May 15th. Any questions please call Rose at 622 4185.

Rose Saito

4-H Project Spotlight

This is a 4-H resource that has been around for awhile. Public Adventures is an active citizenship curriculum for youth.

Appropriate for Middle School aged audience. Youth become “Special OPPortunities Agents,” as they follow a series of exciting activities that engage youth in their community & allow them to reflect on their experiences.

Check out this resource which is available for loan from the Urban Garden Center office (please check them out with Bea). Copies also can be purchased from the National 4-H Mall.

Military 4-H Leader Training/Recognition

May 15, 2012
10am-12pm
Schofield School Age Center
Lyman Road, Schofield Barracks

All Military club leaders, directors and trainers are invited to attend to show appreciation. We will also be sharing positive impacts of 4-H club programming and you are encouraged to bring a lesson plan or activity to share with others.

As always, you are also encouraged to bring photos of club work and youth in action. Please RSVP to military4-h@ctahr.hawaii.edu by May 3. Hope to see you there!

Carmen Golay

Military Teens…These Camps Are For You!

We are seeking participants for two Hawaii Adventure Camps that will be held at Camp Erdman (Hawaii) this summer. Camp dates are June 25-28 and July 9-12 and both camps are open to any military teen in Hawaii or the Pacific Rim, 14-18 years old.

Each camp will offer a unique outdoor experience that will allow campers to build leadership, self-confidence, and teamwork skills while participating in activities like hiking, surfing and archery. Mindfulness activities are planned at the camp to help youth develop skills to deal with stress. (“Mindfulness is the ability to focus on the present moment with acceptance, which resonates with aloha literally means “presence in the breath”). Participation in the Hawaii Adventure Camp will enhance problem solving, self-responsibility and decision making skills, as
well as provide youth with an opportunity to form strong connections with other military youth from the Pacific Rim region.

Both camps will have a maximum of 40 teens. To reserve a spot, teens must complete an application with all of the required information and documents plus send in a $25 deposit. This is on a first come first served basis.

Funding for Military Teen Adventure Camps has been made available through a partnership between the Department of Defense, Office of Military Community & Family Policy and the United States Department of Agriculture/National Institute of Food & Agriculture. Besides covering registration and activity fees for all campers, there is also funding to cover transportation costs for military youth in the pacific rim and on the neighbor islands of Hawaii. (Teens from the Pacific Rim will be designated for up to $1000 travel stipend to cover fare. Grant funds will cover travel cost for neighbor island participants up to $250. Once officially accepted as a camper, parents will be responsible for booking the flights for the teen, and UH will reimburse them up to $1000 or $250. They will need to send the receipt for their child’s bookings to get reimbursed. Parents will also need to check the airline policy about unaccompanied minors.) Ground transportation to Camp Erdman will be provided for all campers.

Applications and all other required forms are due 4 weeks before the camp start date. Applications for the Hawaii camps should be sent to:

Dr. Thao N. Le  
Department of Family and Consumer Sciences  
College of Tropical Agriculture and Human Resources  
2515 Campus Rd, Miller Hall 201  
Honolulu, HI 96822

For more information on the Hawaii Adventure Camp, call 956-2256 or email HawaiiAdventureCamp@yahoo.com  
http://hawaiiadventurecamp.webs.com/

Please also note:  
11 other states have been selected to offer Adventure Camps as well which are being offered between April 2012 through March 2013. For more information about these opportunities, check out http://www.extension.purdue.edu/Adventure_camps/campshome.html

Claire Nakatsuka

Fashion Revue, Photography, Art Contest Results

The Oahu County 4H Fashion/Photography/2D Art Contests were held this past Saturday at the Art Auditorium on the UH campus. It was a nice event with 26 fashion show entries, 16 photographs and 10 2D Arts entered. Here are the winners who won top honors...Congratulations to the following:

Top of Show for Fashion Revue  
Senior Division.................................Erin Voss  
Junior Division.........................Stefani Sakamoto

Purple ribbon for 2D Art  
Joelle Lee for her art work entitled “Fire Fox and The Pond”

Purple ribbon for Photography  
Kym Kanenaka for 3 photographs entitled “Honey, is That What You Caught for Dinner?”; “Moon over Diamond Head”; & “I Thought I Saw a Putty Cat Stuck in the Window. I Did! I Did! I Did!”
Everyone who participated in these three events is a winner. And the entertainment was just fantastic. Great job to all the chair clubs and individuals who served on the committees and the Executive Board for spear heading this event.

Rose Saito

Betty Zane Shimabukuro Drawing

The lucky winners for the 2012 BZS drawing are:

“Best of Big Island” Gift Box
Claudia Chang- Kona
Sue Dela Cruz- Hilo
Jeanette Kohatsu- Maui

“Best of Maui” Gift Box
4-H Clover Lopers- Molokai
Kendra Kawamura- Kauai

“Best of Molokai/Lanai” Gift Box
Carol Thamtrachai- Oahu
Kona 4-H Federation- Kona
Charlene Pascual- Hilo

“Best of Oahu” Gift Box
Richard Chung- Oahu
Gary Heusel- Oahu
Devin Chong- Kona

“Best of Kauai” Gift Box
4-H Clover Lopers- Molokai
Steven Nagano- Oahu
Devin Chong- Kona

“The Creative Chef” Gift Cards
Claudia Chang- Kona

“Waikiki Beach Marriot Hotel 2 Night Gift Certificate”
Darren Tadeo- Oahu

4-H Project Spotlight

“Exploring the Treasures of 4-H” is specially designed for our youngest 4-H members! Project activities provides 5-8 year olds with an fun, introduction to 4-H project areas.

This youth activity guide provides a treasure hunt for youth to explore the joys of 4-H by discovering their interest, potential 4-H projects and finding 4-H where they live with the guidance of parents or other adult helpers.

This activity-packed group guide is designed for teachers, volunteer leaders and other educators. The activities help groups of youth explore the many treasures of 4-H. 8 categories linked to national education standards.

Mahalo for Celebrating Purple Up for Military Kids Day!

In honor of Month Of the Military Child, community members from across the state sported purple attire as a visible tribute to military children and youth across the nation. An effort that was initiated last year by New Hampshire Operation: Military Kids (OMK), April 13th marked the first annual National OMK Purple Up! For Military Kids Day with every OMK state in participation. Students, administrators, D.O.E. and University faculty, youth programs, businesses and
Community organizations took part in this celebration of the strength, courage and sacrifices of our nation's young heroes. Whether you dressed in purple, dawned a purple ribbon or simply took the time to approach and recognize a military child, thank you to all who made April 13th a success! For more information about OMK or to get involved, please visit www.operationmilitarykids.org. If you have any Purple Up! pictures that you would like to share, please send to omk@ctahr.hawaii.edu or call 808.956.4125.

Kiki Yoshimoto

Alaska 4-H Visit

This past Prince Kuhio Day, Oahu County 4-Hers had the pleasure to meet with some kids from other clubs from Alaska! Six kids from two different clubs, along with their advisors, visited Hawaii for three days in March. In between touring the sites and soaking up the sun, Oahu 4-Hers had the pleasure to meet up with them one day at the Pearl City Urban Garden Center and share our experiences. There were different fun activities the kids could do which included t-shirt painting, scrapbook making, and cloth flower making. Of course, it would not be complete if there was not a service project involved! Everyone got to help Uncle Steve weed in the garden. A hula teacher came out and taught both Hawaiian and Alaskan 4-Hers a short dance. While it was their first time dancing hula, everyone did wonderful and mastered the dance in just an hour!

After a large lunch, the Alaska 4-Hers showed the Hawaii 4-H'ers some pictures of Alaska and what their club does. They were doing everything from riding ATVs and kayaking through the frigid waters, to teaching little kids how to ride horses. It seems that, while we are separated by a larger ocean, we all share the same spirit of personal intrigue and love to volunteer. (On a side note, the landscape was just beautiful!)

Thanks to the club members from the Warriors and Keyblade Bearers for coming and helping our Alaska friends feel the true “aloha” of Hawaii! It was a wonderful experience and hopefully everyone can stay in touch with their new friends!

Erin Voss

Green Day Event

Current and former 4-Hers gathered at the Urban Garden Center March 17 for a St. Patrick’s Day brunch and sharing day. Nearly 40 people took part in a potluck buffet, student-designed scavenger hunt and crafting workshop. Alumni 4-Hers such as Sylvia Kop (pictured), Gary and Karen Heusel and Walter Horikawa, described how their 4-H experiences shaped the person they became. Just Us club’s advisor, Sakaye Nomura, brought along her secretary’s minutes record book from her Lanai-based club, which was active in the 1950s. The Oahu Small Animal Club brought a live rabbit and a slideshow of their club’s activities.

Other Opportunities

Keep America Beautiful’s Great American Cleanup
March 1 to May 31

Keep America Beautiful’s Great American Cleanup, the nation’s largest annual community improvement program, brings the power of 3.8 million volunteers and participants to create local change. There are nearly 1,000 Keep America Beautiful Great American Cleanup participating organizations from coast to coast ... and internationally. Find the Great American Cleanup participating organization near you or learn how to organize your own Great American Cleanup event. http://bit.ly/z10Hs4
Special Olympics Project Unify Grants
Deadline: Rolling through May 31

The goal of Project UNIFY is to activate youth around the country to develop school communities where all young people are agents of change - fostering respect, dignity, and advocacy with and for people with intellectual disabilities by utilizing the programs and initiatives of Special Olympics. To be eligible, you must be between the ages of 12 to 20, or a current undergraduate student in college. A Special Olympics North America program is required to be your main partner organization. Projects must demonstrate the core essence of service-learning. Budgets for projects can range from $100 to $5,000. [http://bit.ly/wQUgJV](http://bit.ly/wQUgJV)

Afterschool Awards (Scholarship)
Deadline: June 25

The Afterschool Awards is a nationwide contest spotlighting after school achievements for Elementary, Middle School and Junior High students. IZOD, JCPenney and NOW Music have teamed up to bring students a chance to turn their afterschool passion into cash for their future education. Students are invited to enter Afterschool Awards between now and June 25th for a chance to win up to $10,000 in scholarship money! Students can enter in up to four categories: Sports, Community Service, Science and Music & Arts to show everyone what they've got going on after the bell rings! Last year's winners were a wave-catching surfer, a fund-raising philanthropist, a star mathlete and a pop-lock dancer! [http://bit.ly/I3bGtP](http://bit.ly/I3bGtP)

Get Ur Good On Grants
Deadline: May 27

If you're ready to make a positive impact in your community, Miley Cyrus and her friends at YSA want to help! With $500 Get Ur Good On Grants, you'll have the inspiration, project support, and necessary funding to turn your idea into a reality. Kids and young adults ages 5-25 worldwide are eligible to apply for a $500 Get Ur Good On Grant to support youth-led projects. Projects must address a demonstrated community need or issue, and must take place during June, July and/or August 2012. [www.YSA.org/grants/gurgo](http://www.YSA.org/grants/gurgo)

Epic Book Drive (through May 18)

Donate your books to help low-income families in your community. By participating and sharing your story, your team could win scholarship money! The drive that collects the most books will win a $1,000 scholarship for an individual or $10,000 for their group (up to 10 members). [http://dsorg.us/JqsDid](http://dsorg.us/JqsDid)

Prom For All (through June 22)

A quarter of American families can't afford to send their teenagers to prom. Your fabulous dress could be another girl's ticket to a dream night. DoSomething.org wants to activate 100,000 young people to collect thousands of dresses for girls who couldn't otherwise afford to go to prom. Clean out your closet and donate your gently used dresses to girls in need. Tell us about the awesome stuff you did by June 22 so you can be in the running for a limo ride with your friends! Get 5 of your friends involved by entering their numbers below and you could win a $2,000 scholarship. [http://dsorg.us/IcAFwf](http://dsorg.us/IcAFwf)

4th Annual Clifford Be Big In Your Community Contest
Deadline: June 22
BE BIG™ is a national campaign that invites everyone, big and small, to take action and raise awareness for how Clifford’s BIG Ideas (Share, Be Kind, Help Others, Be a Good Friend, Play Fair, Have Respect, Be Truthful, Believe in Yourself, Work Together and Be Responsible) can make the world a better place. As part of the BE BIG campaign, the contest will award $10,000 in community grants (one $5,000 grant and five $1,000 grants) to the BIGGEST ideas that best demonstrate Clifford’s BIG Ideas! Scholastic and HandsOn Network will work with the winners to bring their Big Ideas to life! Parents, kids, teachers, and community leaders are invited to submit their ideas. [http://bit.ly/eSU7Om](http://bit.ly/eSU7Om)

**NASA Earth Day Video Contest 2012**

To mark Earth Day 2012, NASA presents the Earth Day Video Contest 2012. For the second year in a row, NASA is challenging the public to create a compelling video vision of NASA’s exploration of Earth -- The Home Frontier.

To enter, produce a short video that captures what you find inspiring and important about the unique view and understanding of Earth provided by NASA science. Upload your video to YouTube and tag it using the instructions found on the contest website. NASA will feature the best entry -- chosen by a panel of NASA scientists and communicators -- on the NASA website. And, the winner will receive a behind-the-scenes look at the next rocket launch of a NASA Earth-observing satellite.

Submissions will be accepted until **May 31, 2012**.

**4-H Power of Youth**

For additional articles on 4-H youth development nationwide, check out the National 4-H Power of Youth here: [http://www.4-h.org/about/news-press-room/power-of-youth/](http://www.4-h.org/about/news-press-room/power-of-youth/)

If you have a disability and require special assistance during any of our planned 4-H activities, please call the applicable County Extension 4-H Youth Development Agent two weeks prior to the event.

We welcome your story ideas. Please e-mail them to nakatsuk@hawaii.edu