May
4-8  4-H Military Partnership meeting (DC)
15  Senior Portfolios due
15  End of the club year reports due (for Military 4-H clubs)
15  Post to Boast entries due

June
1   4-H Record Books due
 7   Oahu 4-H Leaders Meeting, 1 pm
13  Oahu 4-H Achievement
20  Oahu 4-H Livestock Show

President’s Message

Aloha 4-H’ers! I just want to remind everyone that we will be having another leader's meeting on June 7 at Moanalua High School from 1 to 3 pm. Refreshments will be served. Hope to see you all there!

Shaina Acosta

4-H Post to Boast Contest – Deadline Extended!

We hope everyone is working on their 4-H Post to Boast poster entries. If you need a little more time to complete them, you are in luck! The deadline has been extended to May 15th. But that date will soon creep up so get your creative juices flowing!

For more information about this 4-H learning opportunity, please check out the link below.
http://www.ctahr.hawaii.edu/4H/posttoboast

The 4th “H” in All 4-H Projects (A 4-H Healthy Living Webinar for 4-H Club Leaders)

Head, Heart, Hands, Health... when all four are present, we develop well-rounded youth. Do you need ideas to help youth incorporate more HEALTH into 4-H, whether it be livestock, robotics or service learning? Laura Kawamura, 4-H agent on Kauai has produced an informative webinar for club leaders on available 4-H resources and ideas to incorporate HEALTH into your club’s 4-H plan. The recorded webinar is accessible on our 4-H website:
http://www.ctahr.hawaii.edu/4h/volunteers.htm  It is a must for every 4-H leader!

2015 WRLF Service Project
As a result of the third session of the 2015 Western Region Leader's Forum, Oregon 4-H has implemented a region wide service project and is encouraging all 13 western states to join forces and get involved. In Hawaii, each county will identify one need and all the clubs in that county will be invited to participate in one giant effort. This is how counties can get started:

- **Identify a need in your community** (i.e. food bank, youth shelter, senior center, homeless shelter, animal shelter, school, hospital, foster kids organization, etc.).

- **Develop a plan to collect the needed items** (i.e. food, clothing, toiletries, pet food, school supplies, books, etc.). Enlist the help of your club, federation, and other organizations.

- **Fill and deliver the bags of collected items** (Hawaii 4-H will provide the bags).

- **Take pictures and post them on social media using: #4Hservice. Include state, county, and a brief description.**

Let's volunteer to make a difference in communities across Hawaii! Doing so will empower 4-Hers with responsibility, engage their compassion, and provide them with the opportunity to affect the lives of others. Don't forget . . . complete the projects by Saturday, October 10, 2015. It will be exciting to find out the impact of Hawaii 4-H and the Western Region 4-H community service projects!

The Oahu 4-H Organization has started making plans for this service project and has come up with these ideas:

- Providing hygiene materials to small homeless shelters.
- Bake cookies or sew something for people. or donate crayons for kids.
- Make little bag of goodies for homeless kids
- School supplies for the homeless kids
- Child and Family Services - school supplies in bags
- Lanakila Meals on Wheels - toiletries in bags
- Big Brothers Big Sisters - school supplies in bags
- Salvation Army—items/kits
- Collect healthy (not sugary items) non-perishable food (canned goods) & give to various organizations to distribute
- Collect gently used shoes/sneakers for organizations or schools working with children that need shoes
- Make personalized school supplies—decorate composition books/notebooks
- Collect donated books for kids to read & make 4-H bookmarks & give to kids at any homeless organization or schools with a Title I

Oahu 4-H clubs should be discussing these ideas at your meetings and be ready to make a decision on a need and organization at the next Oahu 4-H Leader’s meeting on June 7th.
Record Book And Senior Portfolios

We hope that all 4-H’ers are working on their 4-H record books. Please note that the deadline to submit Sr. Portfolios (to be considered for a spot in the Hawaii 4-H delegation to National 4-H Congress) is May 15th.

All other record books (Cloverbud, Junior, Intermediate and Senior divisions) are due on June 1st.

Completed books can be submitted to any of the Oahu Extension offices. (Just let one of the 4-H agents know that you have turned them in so that we can make arrangements to get them from that office).

Hawaii 4-H is starting something new in 2015. As part of the National 4-H Congress Recognition for Excellence program, applicants will not only be required to submit a 4-H portfolio but will also be required to complete an interview with a panel of judges. The interview will be an opportunity to sell YOU—your knowledge, skills, abilities, and experiences. The purpose of this interview is to support and clarify the activities and learning experiences in the 4-H portfolio. Questions directly apply to the activities, events, and experiences listed in the portfolio; therefore, each 4-Her may have very different questions. Interviews will take place in June. The interview may be done in person or via technology.

- Objectives of 4-H Interviews:
  - To teach 4-Hers how to organize, prioritize and verbalize the events and accomplishments experienced in 4-H.
  - To teach 4-Hers how to identify and express how 4-H experiences have enhanced their attitude, values, judgement and self-concept.
  - To enhance 4-Hers interviewing skills for workforce preparation and career/job interviews.

Oahu 4-H Achievement

The Oahu 4-H Achievement will be held later this summer. Please stay tuned for further details. Thank you to the Shooting Stars for chairing this event!

“Summer Fun”
Oahu 4-H Photography Contest

This year’s 4-H Photography contest is being chaired by the Oahu 4-H Executive Board. The photography contest requirements are listed below. The photos will be due by 4:30 pm on August 7, 2015 to either the Honolulu Extension office (UH Manoa) or the Pearl City Urban Garden Center. Judging will be held on August 18, 2015.

GUIDELINES for Photography Contest:
Participants will enter color photographs that focus on a subject matter and the theme “Summer Fun”. (No black and white entries accepted this year).

Photographs need to be taken from May – July 2015.

The image(s) should highlight the 4-H member’s summer.

Labeling information. There will be no titles on the front. You will print on the back: your name, group affiliation, title of photo, category and division and location where the image was taken.

Image must be 5x7 inches. Prints should be mounted with about a one-inch border on a mat board or equivalent.

Participants can enter up to 3 photos in 3 different categories.

Categories:
- Nature
- Food
- Animals
- People
- Culture

Labeling information. There will be no titles on the front. You will print on the back: your name, group affiliation, title of photo, category and division.

Judging will be on storytelling ability, composition, photographic quality, originality, mounting and title or caption.

Contest participants do not have to belong to a 4-H club but must submit a 4-H youth enrollment form Y-1 (http://www.ctahr.hawaii.edu/4h/forms/FormY-1.pdf) with their entry.

The photography contest information is available at:
http://www.ctahr.hawaii.edu/4h/Oahu/index.htm

Farm Fair Needs Volunteers

The Hawaii Farm Bureau is asking 4-H members, volunteers and parents to provide manpower in their Keiki Farm Activity tent on Sunday, July 12. There will be two shifts: 8:30 am – 1 pm and from 12:30 – 5 pm. Volunteers will assist young fair attendees with hands on activities. If you are able to assist, please email nakatsuk@hawaii.edu. Mahalo!

4-H Alumni Association Weinberg Scholarship Recipients

Congratulations to Herny Navasco and Jeremiah Luab, both members of the Farrington FCCLA/4-H club for being awarded Hawaii 4-H Alumni Association Weinberg Scholarships. Both will graduate from Farrington in May. Best of luck to both Henry and Jeremiah!

2016 WRLF Seeking Workshop Proposals

Consider an adventure in the far north, sharing your knowledge and skills! The Western Region 4-H Volunteer Leaders Forum (WRLF) 2016 Education Committee is now accepting proposals for the 2016 conference, in the golden heart city of Fairbanks, Alaska, March 2-4. Submissions
will be accepted through June 1. For more information and to submit your proposal, visit http://www.alaska2016.com

And like us on FB for one stop information on what's happening, airfare deals, and much more, https://www.facebook.com/alaskawrlf2016

Look forward to your proposal supporting a fun, interactive and educational gathering.

Deb Jones and the WRLF 2016 Planning Team

Project Spotlight

This Curriculum is brand new to the 4-H Mall! It is currently being printed and will arrive at our warehouse in early May.

A series of 4-H project manuals that develop life skills mastery and SET abilities in the areas of:

- Food & Kitchen Safety
- Food Preparation
- Meal Planning
- Food Science
- Nutrition

Each manual successively builds on the skills learned in the previous level. Members complete project activities for each level in two to three years. UIE Nutrition and Wellness Educators tested all project recipes.

Other Opportunities

2015 Seeds4Tomorrow Program, June 15th-June 20th

The Hawaii Agriculture Research Center in Kunia is offering the Seeds4Tomorrow summer camp for students in grades 9-12 from June 15-20. There are many scholarships available, and I thought it may be of interest to some of your students.

Seeds4Tomorrow is an intensive one-week program designed to give students hands-on experience in the fields of conservation, plant genetics, agricultural production, entomology, and marketing. Students will learn from university professors, scientists, and agriculture professionals at the Hawaii Agriculture Research Center in Kunia. The 2015 Seeds4Tomorrow focus is cacao, and participants will grow their own chocolate from bean to bar! Registration deadline is May 25. For more information visit: http://www.harc-hspa.com/seeds4tomorrow.html

Host An Exchange Student Through the U.S. Department of State
Would you like to have a cross-cultural experience in your community while contributing to improved relations between the United States and other countries?

If so, consider hosting an exchange student sponsored by the U.S. Department of State in your home or school. Each year, almost 2,000 high school students representing over 50 countries are awarded highly competitive merit-based State Department scholarships to study in the United States for an academic year. These promising young leaders live with American host families across the country, attend high school, and participate in extracurricular and community service activities. When they return to their home countries, they engage in alumni activities to share what they learned, put their new skills in practice, and maintain their links to the United States as they become leaders in their communities.

The benefits of hosting Department of State-sponsored exchange student go beyond simply welcoming someone new into your family or school and sharing American culture, values and traditions -- when you host an exchange student you welcome a new culture and language, and all the richness that comes with it into your community, help a young person learn and grow, and create long-lasting relationships and memories. Learn more and fill out an interest form at http://eca.state.gov/programs-initiatives/host-high-school-student or email youthprograms@state.gov with questions.