Oahu 4-H Newsletter Online
September – October Issue

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14 Oahu 4-H Rally Day
17 National 4-H Science Day Kit Training – Urban Garden Center, 9 am
17 Operation: Military Kids Ready, Set, Go training – Goodwill Ohana Learning Center, 9 am – 12 noon
21 Hawaii 4-H Alumni Association annual meeting

Oct 13
1 Enrollment forms, program plans and lesson plans from military 4-H clubs due t (livestock clubs – Steve, community 4-H clubs – Rose, military 4-H clubs – Carmen)
5 Kualoa Ranch County Fair
6 State Child and Youth Day at the State Capital
6-12 National 4-H Week
8 National 4-H Science Day
8 Operation: Military Kids Ready, Set, Go training – Mililani High School, 9 am – 12 noon
13 Oahu 4-H Executive Board meeting at Moanalua High, 1 pm

New President’s Message

Aloha 4-Hers! I hope all of you have reserved September 14 for our first council meeting and Rally Day, which will be held at the Urban Garden Center. I am excited to see many of you there, for the Executive Board and I have a lot of fun activities planned. We look forward in discussing the calendar with you and we will reveal our amazing theme for the year. We are still searching for volunteers to chair our wonderful events such as Food Show, Fashion Show, Communications Fair and Photography Show. If any of you are interested in facilitating one of the events or have any questions about it, feel free to email me at katcorpuz95@yahoo.com. Have a wonderful month! Let's go 4-H!

Kathleen Corpuz

4-H Forms Due October 1st

Welcome to another 4-H year. I met with the Executive Board at the Ko’olani Condo in the Ala Moana area the first weekend in August. We had a very productive meeting and time to relax and bond with one another. We stayed on the forty first floor overlooking Ala Moana Beach Park and a beautiful view of the Waianae Range. The Board brainstormed and came up with the calendar for the new 4-H year, did the budget and planned the activities for the Rally Day and Council meeting set for September 21st from 10am to 2 pm at the Urban Garden Center Garage. The Exec Board is planning for a real fun day involving the National Guards. Please refer to the flyer in this newsletter.
Forms have been slowly coming into my office from the clubs, but this year we are asking for clubs to turn their forms in by October 1, 2013. Livestock clubs need to also turn in the forms on this date. Please turn them into Steve Nagano. Military 4-H clubs need to turn in their forms to Carmen Golay.

- 4-H Youth enrollment form (FY 1)
- 4-H Volunteer Enrollment (F2)
- Volunteer Behavior Expectation - this form only needs to be signed once.
- Club Enrollment form (F4)
- Program Plan and Curriculum Pre-Survey (F4)

(forms can be obtained from http://www.ctahr.hawaii.edu/4H/forms.asp or by clicking on the link above). We are using the 4-H Access a national system to collect the data and for reporting. Please fill in the forms completely.

Last year we implemented a statewide requirement for clubs to select a curriculum to use. I heard positive comments from the leaders who used a curriculum and did some of the lessons from the project books. Please meet with your club members to determine what your club would like to do. Curriculums are available at the Urban Garden Center for you to borrow. There are curricula from other states on line if you want to pursue that route.

I want the clubs to concentrate on one or two project areas and do lesson plans so the 4-H member will get a concentrated training in one project. The leader needs to fill out the 4-H Club program plan which states which curriculum your club will do and what lesson plans you will do at your club meetings. If you have any questions, please call me.

Rose Saito

Rally Day

Join us for another great way to start off the new 4-H year!

Where: Urban Garden Center
When: September 14, 2013 10 A.M. - 2 P.M.

Don’t miss out on our meeting and fun activities for all!

Leichelle Rabago
**Ahaolelo Reflections**

The Ahaolelo news team has put together an awesome newsletter (please link to newsletter) which is posted on our Hawaii 4-H website. Check it out and find out what the Ahaolelo delegates experienced during their 4 day stay on campus.

Here are a couple more reflections from Oahu 4-H members:

Elvelyn Fernandez

“Ahaolelo was a memorable experience where I had the cool chance to meet people from other islands. I made new friends and even got to practice my speaking skills by giving a speech to everyone about the person who made the most impact on me. I remember going to the Lo'i and getting down and dirty in the taro patches, while learning more about Hawaiian culture. Overall, Ahaolelo has helped make me into a better leader and I'm glad I was given the opportunity to be a part of this event.”

Kyle Rubin

“I would say that during my Ahaolelo participation, I was able to meet a lot of people from our state and learn valuable skills that would better me in the future. Participating in activities that involved working together and strengthening our leadership skills was really fun. I would say that having us do the speech at the end of our stay was something that was very useful because it helped us with public speaking. The conference was very memorable. If I could, I would go again.”

**Recognizing our Heroes at Home**

Hawaii Operation: Military Kids, in collaboration with our Active Duty, Guard and Reserve Military partners and the Department of Education, will be hosting two upcoming community trainings. The “Recognizing The Unique Challenges of Military Life and Deployment” trainings will be held on **September 17th** at the Goodwill Ohana Career & Learning Center (Kapolei), and on **October 8th** at Mililani High School. Both trainings are FREE and will be from 9:00am-12:00pm with registration opening at 8:30am. The objectives of these trainings are to introduce non-military community members to military culture and the deployment cycle, and to provide them with a better understanding of the unique challenges military youth and families face. Both trainings are open to adults who have children or work with children and youth that are affected by deployment (i.e. educators, counselors, day care providers, after school programmers, youth organizations, religious sectors, youth development professionals, etc..).
The trainings will include a welcome by DOE leadership and speakers from the Air Force Reserve, National Guard and State Family Programs, and I Ola Lahui Behavioral Health. Seating is limited so RSVP for a training date soon! For more information or to register, call 956-4125 or email omk@ctahr.hawaii.edu with the following information: Full name, Title, School/Organization, Phone number, Email address, and the Training Date you will be attending.

Kiki Yoshimoto

Leaders Attend 4-H 101 for Military Sites

Twenty-five 4-H leaders from 5 military after school programs on Oahu attended our most recent 4-H 101 training held the last week of August. Participants gathered for 3 days at the Hickam School Age program to learn the basics of starting 4-H clubs, how to do program planning and record-keeping. Staff who work in the after school programs are expected to plan and lead clubs with director oversight and youth input. Last year, Oahu military programs conducted over 15 separate clubs ranging from cooking and gardening to science and robotics. For more information on military 4-H or on our upcoming trainings, contact Carmen at military4-h@ctahr.hawaii.edu.

Carmen Golay

The 4-H National Youth Science Day kits are ready. Are you? Order Your Experiment Kits Today

4-H National Youth Science Day experiment kits are on sale on the 4-H Mall and are shipping out all over the country. Don't forget to order your kit for this exciting event. Each kit contains everything you need for a team of young people to complete Maps & Apps Activity 1 in the Experiment Guidebooks.

Put Your NYSD Event on the Map

Don't forget to go to the NYSD website and register your participation in NYSD this year. Dozens of events have already been registered. Your event will be displayed on the National Event Map -- which can be viewed by press, current and potential donors and leaders in your community.

4-H Project Spotlight

NEW! This curriculum opens the world of theatre to youth in grades 5-8 (can be adapted for younger and older youth). Revised and new, these materials offer extended activities in communication, improvisation, pantomime, script writing, cultural and historical influences, stage design, and costume design. Life skills and workforce development concepts are woven throughout the curriculum, as youth master more sophisticated theatre techniques and ideas. This curriculum includes three books, each for the facilitator of a
Other Opportunities

9/11 National Day of Service and Remembrance

In observance of 9/11 National Day of Service and Remembrance, Blue Star Families, a non-profit organization that supports, connects, and empowers military families, will be hosting service projects across the country and encouraging others to host their own service projects to honor the victims and the lives that were forever changed as a result of 9/11. Hosting a service project on or around 9/11 is a great way to produce tangible results and to stress the importance of creating an atmosphere of 'shared service' – exactly what the 4-H stands for!

In the aftermath of 9/11, we witnessed what makes our country great: the fact that Americans from all different types of backgrounds, ethnicities and cultures, share the same sense of unity, patriotism, and the desire to help one another. From the heroic deeds of the 9/11 first responders, to the men and women who were inspired to enlist in the military, to the service members and their families who have and continue to sacrifice, we are a nation comprised of heroes who aren’t afraid to serve for the betterment of our nation. As we mark the twelfth anniversary of the tragedy of 9/11 and the start of Operation Enduring Freedom, let’s stand together once again and honor their service with service of our own.

If your 4-H State or club is interested in joining the 9/11 Day of Service Campaign with Blue Star Families, please review the attached PowerPoint presentation. If you have any questions or would like to register your project directly with Blue Star Families, email OHC@BlueStarFam.org.

We hope your group can participate, as we honor their service with community service!

Dr. Carol A. Benesh
National Program Leader
Military, Child and Youth
Division of Youth and 4-H

Young Invincibles Video Contest

Young Invincibles and the U.S. Department of Health & Human Services have created a competition that will tap into the creativity and energy of young Americans while raising awareness about the new law and encouraging young people to take advantage of the benefits of health insurance.
With a prize pool worth up to $30,000, and over 100 prizes to be won, this is your opportunity to shine! Cash prizes will be awarded to the creators of the best videos in three distinct categories; so whether you’ve got a talent for short films, writing a great song, or designing an entertaining video infographic, you can be a winner! Click the links above to learn more about each of the categories and how you can participate.

Videos can be submitted during the five-week period starting on Monday, August 19th. A public voting period will follow to help determine the Finalists in each category, and a final round of voting and judging will determine who takes home the Grand Prize.

Go to healthyyoungamerica.org to enter!

**Harris Wofford Youth Award**

**Deadline: September 8**

YSA's Harris Wofford Youth Award honors young people doing extraordinary work towards achieving Senator Wofford's vision of "making service and service-learning the common expectation and common experience of every young person in America." The award will be given to a young person (age 5 -25) who is based in the U.S. and demonstrates exemplary commitment and action to involve his or her peers in service, youth voice, service-learning or civic engagement activities. The award includes a $500 scholarship and $500 donation to a nonprofit of the winner's choice.

www.YSA.org/grants/harris-wofford-award-youth