Welcome to Oahu 4-H's online newsletter!

March 2013

Upcoming Events

April

6-11 National 4-H Conference @ National 4-H Center
15 Purple UP Day! (Military Youth Recognition Day)
20 Executive Board Meeting @ Moanalua High, 9am
23 OMK/BGCA training @ Fort Shafter Flats, 9am
28 Oahu 4-H Fashion Show/Photography Contest

May

5 Council Meeting @ UGC, 2pm
7 OMK State Meeting @ UGC, 9am

President's Message

March was certainly a busy month for 4-Hers around the state! On March 9, Oahu 4-Hers had their annual Food Show. Thank you to the Just Us club for chairing the event. It was nice to see and taste the different local and Kraft-inspired dishes. Then on March 22-23, dozens of 4-Hers from across the state participated in the Western Regional 4-H Leaders' Forum in Waikiki. 4-Hers were involved in the Teen Track, a conference parallel to the adult one, which included workshops, outings, and a luau. Some of our teens led the workshops and helped behind the scenes. Next up is the annual Dress Revue April 28. Please look for information from the Spartans club.

I hope everyone is having a good spring semester. Record books will be due at the end of the year, so please remember to keep track of all the wonderful activities and learning experiences you are gathering through 4-H.

Sincerely,
Erin Voss

Oahu Events

Fashion Show and Photography Contests

Want to spend a fun day? Then come to the “Masquerade Ball Fashion Show” on April 28, 2013 at the Art Auditorium on the University of Hawaii campus. Please join the other 4-Hers and enter a garment or two and your photographs for this event. Information about the fashion show and the photography contests are posted on the Oahu County website. Top in Show winners will be announced for the Fashion Show and the Communications Fair. Registration Forms are due on Monday, April 15th for both contests. If you like, come have some fun modeling a mask to fit the occasion. The parade of masks contest will be held during the intermission of the fashion show. Lunch will be served. The fashion show will start at 12 noon. Hope to see all of you at this exciting event.
Food Show Highlights

Thank you to all the judges who took their time to critique our delicious entrees. Also thanks to everyone else for making this event possible, especially the Just Us 4-H club who chaired this event.

Congratulations to all participants as you all did a fantastic job!

Leichelle Rabago, Historian

Food Show Winners

Congratulations to all the participants of the 2013 “Eat Local Eat Healthy” Food Show. The following 4-Hers took top honors in this event.

Top of Show

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<tr>
<th>Senior Division</th>
<th>Intermediate</th>
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<td>Evan Hashizume</td>
<td>Stefani Sakamoto</td>
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Kraft's Scholarship

- $500 Cara Dooley
- $250 Viangca Cleopas

Ardis Tanaka Scholarship

- Hawaiian Foods $50: Leichelle Rabago, Erin Voss
- Local Foods $50: Joseph Lockwood

President’s Award

- Clover bud: Madison Hatanaka
- Junior: Claire Hashimoto
- Intermediate: Sanoe Lee
- Senior: Leichelle Rabago

Oahu 4-H Organization 2013-14 Elections

Aloha 4-Hers!

Do you have leadership skills? Do you see yourself in a leadership position? If you have completed seventh grade and have been a 4-H member for at least two years then you are eligible to run for the Oahu County 4-H executive council.

Please submit a 100-150 word statement describing your goals for the Oahu County 4-H by April 14.

If you have any questions or concerns feel free to contact me through email at katcorpu95@yahoo.com.

Here are some of the duties of:
President (Must have completed ninth grade and have been a member of 4-H for at least 3 years)
- To preside over all meetings of the Oahu County 4-H Council and the Executive Board.
- To call special meetings of the Council as required.
- To perform all other duties those is incidental to the office of President and are properly required of the position

Vice-President
- To learn the duties of the President and perform those duties in his/her absence.
- To be responsible for all public relations matters of this organization
- To share the responsibility of monitoring the progress of all special committees

Secretary
- To keep accurate records of all Council meetings and Executive Board meetings
- To keep a file of all committee reports
- To submit articles of interest to the membership for publication in the monthly Oahu County 4-H newsletter and the State 4-H magazine

Treasurer
- To collect and disburse all monies in the name of the Council
- To keep all financial records of the Council
- To report all receipts and disbursements at Council meetings

Sergeant-At-Arms
- To maintain order at all Council Meetings
- To ensure that all Council meetings are conducted by following parliamentary procedure in accordance with Roberts Rules of Order, revised edition

Historian
- To capture and document photos from 4-H events
- To submit photos interest to the membership for publication in the monthly Oahu County 4-H newsletter and the State 4-H magazine

Kathleen Corpuz

FOCUS 2015 – Ahaolelo 2013

Are you ready to explore the University of Hawaii - Manoa campus, learn life skills to take you beyond high school, meet new friends and get reacquainted with old ones? Then the 4-H Ahaolelo Conference is for you! The 4-H Ahaolelo Conference is offered the third week in July at the University of Hawaii- Manoa campus. For 2013, the FOCUS 2015 conference is scheduled for July 15th-18th. We will check in everyone the first day between 8:30 AM-12:00 PM and will be finished on the last day by 3:00 PM. The four-day program includes educational, recreational, and social events. Participants stay in University dormitories (Frear Hall), eat at the cafeteria, and survive without sleep for much of the week.

Youth aged 13-19 may attend. College age young adults may attend as college staff members, and adults as chaperones. If the youth is not a registered 4-H member in the county, he/she is required to fill out a 4-H Member Enrollment (Form Y-1) before registering. In addition each delegate is required to complete the attached registration form, Media and Informational Release form and Parental Permission & Medical Information Summary.

If you are interested in going we ask that you contact your 4-H Agent to let them know of your interest no later than May 1, 2013. Then submit your completed registration form and payment to your county extension office by May 31, 2013. The cost this year is $275 and includes lodging, meals, registration fee, and ground transportation. Each participating delegate (adult and youth) will need to pay the registration fee. Each county will be responsible for sending the adult chaperone to accompany the
group (one adult per eight 4-H'ers). Registration forms can be obtained from 

Becky Settlage,
East Hawaii 4-H Agent

To Infinity and Beyond…

On March 22nd, Military-connected teens from around the island participated in the “To Infinity and Beyond... Your Journey After High School” day camp, held on the grounds of the UH Manoa campus. Army Reserve Child, Youth and School Services along with Operation: Military Kids, a program under CTAHR, hosted this full day event to give military youth the opportunity to learn more about campus life. With the help of the Office of Admissions, Manoa Career Center and Student Housing Services, the day campers got to meet college students, take a campus tour, explore different college degrees and gain tools to help them become successful in the workforce.

Kiki Yoshimoto,
Operation: Military Kids

Military 4-H'ers Attend Gene-ius Day

Thirty-three military 4-H’ers from Helemano School Age and Schofield School Age came to UH Manoa Campus on Tuesday March 26 to participate in the Biotech Outreach Program’s Gene-ius Day. Last year a similar size group attended this great program in what is becoming an annual event on Prince Kuhio Day. While schools are out of session, military after school sites run full day programming including field trips like this one. Youth learned about genetic traits, unique qualities that are genetically inherited and got to work in a real lab with microscopes and plant genes. Hawaii 4-H Youth Development through it’s military partnership grant funds are able to pay the fees for youth to attend this program as part of their club program and activities. Thank you to the great kids and staff from HMR and Schofield for attending and thanks to the whole Biotech Outreach team for putting on such a great program.

Carmen Golay

Mahalo for a Job Well Done!

The over two years of planning for the 2013 Western Regional 4-H Leaders Forum came to an end on March 24th, 2013 the final day of the 3 nights 4 days conference for the more than 340 plus leaders, staff and teens from across the United States and Canada. Thank you to all the Oahu Leaders who took the lead in planning this event... Linda Lau Ahnee, Julia Cabatu, Renee Chung, Norma Jean Domingo, Lynn Hashizume, Rachel and Walter Horikawa, Becky Kanenaka, Bertha Kau, Kim Lockwood, Sakaye Nomura, Susan Saka, Maryknoll and Nick Spotkaeff, Liane Voss, Edna Wong and Wanda Kohashi, staff. You all deserve a “pat on your back” for enduring the planning process and seeing the event completed. There were friends and families who stepped up and assisted with the event. Thank you to all of you.

Rose Saito

April 15 – Purple Up Day!

4-H programs across the nation will be joining in efforts to recognize military youth by wearing purple on April 15th. Purple symbolizes all branches of the military, as it is the combination of Army green; Marine
red; and Coast Guard, Navy and Air Force blue. Purple Up! acts as a visible way to show support and thank military youth for their strength and sacrifices.

A number of schools on Oahu will be participating in Purple Up day and will be recognizing our young heroes. We hope everyone will take this opportunity to celebrate Purple Up day.

**Hawaii Cloverbud Pen Pals Wanted**

My name is Stacie Easler and I am the leader of the Beech Hill 4-H Explorers Club in Otis, Maine and we would like to connect with another 4-H group to become Pen Pals! Good old fashioned snail mail pen pals! I randomly picked your site and was wondering if you would like to participate in this with us. We have 10 Cloverbuds and would love to start ASAP.

Stacie Easler
taceben@msn.com

**4-H Project Spotlight**

The first book of the Veterinary series introduces youth to the normal animal, basic anatomy and systems, elementary principles of disease and careers with animals.

The second guide involves youth in in-depth investigation of normal and abnormal systems, preparation for college and exploration of the diversity of the veterinary profession.

The third guide involves youth in in-depth investigation of normal and abnormal systems, preparation for college and exploration of the diversity of the veterinary profession.

These helper’s guide provide group leaders with activities to facilitate learning for various ages of youth. Numerous group activities help youth develop essential life skills as they pursue their interest in veterinary medicine.

This series is available for purchase from the National 4-H Supply Service or to borrow from the Urban Garden Center.

**Other Opportunities**

**Teens Take on Health Video Challenge**

If you’re a 4-H’er or a teen ready to take on local health challenges, it’s your turn to join the Revolution of Responsibility:

1. Submit your video by May 3 (max 90 seconds). Be sure to identify a health challenge in your family, school or community, and then explain how you would tackle it.
2. Vote for your favorite five finalists starting May 3 at 5pm EST.
3. The winner will be announced on May 17!

**Dates & Eligibility**

- **Start:** March 18, 2013 @ 04:00 pm (US/Eastern)
- **End:** May 17, 2013 @ 12:00 pm (US/Eastern)
- **Eligibility:** You must be at least 13 years old to enter.
- **Prizes**
• $1,000 Grand Prize & Star in a National Video
  + National Recognition
  + $2,500 for your classroom or an organization of your choice

PLUS, THE TOP 5 FINALISTS WIN
$500 CASH

To view the Official Rules visit Facebook.com/4H and click on “Rules” or click here.

Keep America Beautiful’s Great American Cleanup - March 1 - May 31

Keep America Beautiful's Great American Cleanup is the nation's largest annual community improvement program that harnesses the power of over 4 million volunteers to build vibrant communities. Each year, over 1,200 affiliates and participating organizations engage volunteers to take action in their communities through programs that deliver positive and lasting impact through events focused on beautifying parks and recreation areas, cleaning seashores and waterways, handling recycling collections, picking up litter, planting trees and flowers, and conducting educational programs and litter-free events. www.kab.org

Great American NO BULL Challenge
Deadline: April 30

The Great American NO BULL Challenge is the first, student-led National video contest and Teen Video Awards show dedicated to bullying prevention and promoting empathy, respect, and inclusive communities using the power of music and the magic of filmmaking. To enter, middle and high school students between the ages of 13 - 18 need to create a 2-5 minute video or 30-60 second PSA with a digital responsibility or a bullying prevention theme. As a result of the public voting period beginning May 6, the top 50 favorite videos by a panel of expert judges. All 50 nominees will receive a golden ticket to attend the star-studded NO BULL Teen Video Awards show. http://bit.ly/YuZrdj

The Power of Children Awards
Deadline: April 30

The Power of Children Awards: Making a Difference is an annual event to honor and further empower youth, in grades 6-11, who have made a significant impact on the lives of others, demonstrated selflessness, and exhibited a commitment to service and the betterment of society. Each award recipient will receive a $2,000 grant to continue his or her extraordinary work, a four-year post-secondary scholarship to a participating institution of higher learning, recognition in the museum's The Power of Children exhibit for at least one year, and honor and recognition during a special awards event on Nov. 1, 2013, at The Children's Museum. http://bit.ly/Yeu5bR

Gloria Barron Prize for Young Heroes
Deadline: April 30

The Gloria Barron Prize for Young Heroes honors outstanding young leaders who have made a significant positive difference to people and our planet. Nominees, who may range in age from 8 to 18 years old, must have been the prime mover of a service activity, and demonstrated positive spirit and high moral purpose in accomplishing their goals. Nominees must be nominated by adults who are not related to the nominee. Winners of the Barron Prize receive $2,500 to be applied to their higher education or to their service project and several other benefits. http://bit.ly/edhitj
FEMA Seeks Applicants for Youth Preparedness Council


The Youth Preparedness Council provides an opportunity for young leaders to serve as a member of a distinguished national council; to complete a youth preparedness project of their choosing; to learn about youth disaster preparedness from the leadership at FEMA and other national organizations dedicated to youth preparedness; to voice their opinions, experiences, and share innovative ideas and solutions; and to participate in the Youth Preparedness Council Summit where the council meets with emergency management leadership to discuss steps to strengthen the nation’s resiliency against all types of disasters.

Participants are expected to represent the youth perspective on emergency preparedness and relay information within their communities. Each council member is expected to develop and complete one preparedness-related project specific to his/her region and interests. In addition to attending the Summit in the summer of 2013, council members will potentially participate in national, regional, state, tribal and local preparedness meetings and present their work. It is expected that members will meet with FEMA on a regular basis via conference call to provide ongoing input on strategies, initiatives and projects throughout the duration of their term.

Anyone between the ages of 12 and 17, who is engaged in individual and community preparedness, is encouraged to apply or be nominated to serve on the Youth Preparedness Council. An individual may apply on his/her own behalf, or can be nominated by an adult familiar with his/her youth preparedness activities. Individuals interested in applying must submit a completed application form, a narrative, and a letter of recommendation. The letter of recommendation can be from any adult, including a parent, guardian, community first responder, or teacher. Applications that do not include a letter of recommendation will not be reviewed. Individuals interested in nominating a young leader to the council should complete the application form and narrative, but a letter of recommendation is not mandatory. Specific information about completing and submitting the application and attachments can be found on the application.

All applications and supporting materials must be received no later than 11:59 E.D.T. on April 19, 2013 in order to be eligible. For more information about the Youth Preparedness Council and FEMA’s work on youth preparedness, and to access the application materials, please visit www.ready.gov/youth-preparedness. If you have any further questions, please contact Citizen Corps at (202) 786-9550 or CitizenCorps@dhs.gov.

What Will You Bring To The Table?

Almost 17 million kids in the United States experience hunger at some point each year.

We can do better.
You can help.

Join generationOn's child hunger initiative, What Will You Bring to the Table?. From March 18 to April 30 youth across the country will bring their ideas to the table and generate one million meals for children experiencing hunger in America. This is a perfect opportunity to increase your impact through Global Youth Service Day, especially if your project is hunger-focused. What Will You Bring to the Table? features numerous resources including educational materials, project recipes and connections to hunger organizations around the nation. www.whatwillyoubringtothetable.org
Bake Sale for No Kid Hungry
Help bake a difference!

Join the National Bake Sale Challenge Week (April 25 - May 1) where thousands are joining together to host bake sales in their communities to help end childhood hunger in America. Hosting a bake sale is a fun and easy way to raise funds to help make No Kid Hungry a reality. The Bake Sale Resource Center has everything you need to have a successful bake sale to end child hunger! Find templates for flyers and media alerts, stickers, tips for pricing your baked goods and taking excellent photos and much more. Sign up to host a bake sale or find a bake sale at http://bit.ly/15AMdBR

State Farm Youth Advisory Board Service-Learning Grants
Deadline: May 3

If you are involved with an organization or school and have a great idea for a service-learning project to impact student achievement in YOUR community, apply for a State Farm Youth Advisory Board Service-Learning Grant. The grants range in size from $25,000-$100,000, and must address the root cause of one of the following issue areas: access to higher education / closing the achievement gap, financial literacy (and economic inclusion), community safety and natural disaster preparedness, social health & wellness issues, and environmental responsibility. http://bit.ly/XWGHX3

Amway's Who Cares Challenge: Youth Leadership Contest
Deadline: June 5

Amway will honor 10 youth changemakers in the United States and Canada. The contest is open to youth ages 13 - 22. Applicants will be narrowed down through public voting to a group of 100 entries. Charity partner Free The Children will then select 10 winners to receive $10,000 each to give to the nonprofit organization of their choice. Five grand prize winners from among those 10 will also receive a trip for themselves and a companion to Free The Children’s next We Day youth empowerment event in Minnesota on October 8, 2013. http://bit.ly/14zbzSX

4-H Power of Youth
For additional articles on 4-H youth development nationwide, check out the National 4-H Power of Youth here: http://www.4-h.org/about/news-press-room/power-of-youth/

If you have a disability and require special assistance during any of our planned 4-H activities, please call the applicable County Extension 4-H Youth Development Agent two weeks prior to the event.

We welcome your story ideas. Please e-mail them to nakatsuk@hawaii.edu