Welcome to Oahu 4-H's online newsletter!

March 2013

Upcoming Events

JUNE

10     Oahu 4-H Livestock Show
14     Army/OMK College/Career Day @ UH Manoa
15     Oahu 4-H Livestock Show
16-21  Operation: Military Kids Middle School Youth Camp @ Camp Erdman
29     Achievement Banquet

JULY

13-14  State 4-H Farm Fair @ Kualoa
15-18  Ahaolelo @ UH Manoa
21-26  Hawaii Adventure Camp @ Camp Erdman

President's Message

Hello everyone! I hope you are all having a great summer vacation! Congratulations to all the graduates this year and good luck in whatever you chose to pursue! Hopefully 4H has prepared you to be successful and given you the skills and confidence to do and be your best. Also, congratulations to the new Oahu Executive Officers! Looking forward to another great year.

June 29 is the Achievement Banquet. The Farm Fair is also on July 13, 14. We were hoping to have a bake sale there with profits benefiting your club or the county. Please consider baking for the occasion or coming down to volunteer as well.

This has been a wonderful year! There were so many exciting opportunities for 4H leaders and participants alike. It has been an honor to be the president of an organization like this. Thank you for your continued support!

Sincerely,
Erin Voss

Oahu Events

Oahu 4-H Organization 2013-14 Elections Results

Congratulations to the new officers of the Oahu 4-H Executive Board!

President: Kathleen Corpuz
Vice-President: Erin Voss
Secretary: Amy Peria
Treasurer: Farin Fukunaga
Sergeant at Arms: Leichelle Rabago
Historian: Staci Kohashi
This is the first time for our county to conduct our elections online. I hope that many of you will be able to attend our future meetings, and the Executive Board will do our best to reach all of you. Thank you fellow 4-Hers for your continued support for selecting the following candidates.

Kathleen Corpuz

2013 Oahu County 4-H Achievement and Volunteer Recognition Banquet

“4-H RAISES YOU UP!”
Hale Ikena
Fort Shafter Army Base, Building 711, Morton Drive
Saturday, June 29, 2013
10:00 a.m. – 2:00 p.m.

General Information: All 4-H members and volunteer 4-H leaders are invited to attend the 2013 Oahu County 4-H Achievement and Volunteer Recognition Banquet. Please mark your calendars and inform others in your club. Guests are welcome.

Cost:

Registered 4-H Members (11-19 years old): $18.00
Registered 4-H Members (4-10 years old): $10.00
Guests (11 years - adults): $21.50
Guests (youth, 4-10 years old): $13.50
Guests (3 years and below): FREE
Registered 4-H Volunteers: FREE

Menu:
Green Salad with Dressing
Macaroni Salad
Potato Salad
Coleslaw
BBQ Chicken
Sautéed Catch of the Day with White Wine Mushroom Cream
Dinner Rolls
Steamed White Rice
Garlic Mashed Potatoes
Sautéed Vegetable Medley
Fruit Punch and Coffee

Attire: Informal Casual

Registration Information: Please send completed registration form and check payable to “Oahu County 4-H Organization” on or before Wednesday, June 12, 2013, to: Wanda Kohashi, 45-524 Koolau View Drive, Kaneohe, HI 96744-5222.

Silent Auction: Please bring donations of new and/or gently used items for our Silent Auction. Proceeds of the Silent Auction go to the Oahu County 4-H Organization.

Base Access: If you do not have a Military sticker on your vehicle, you must show your ID at the entrance, drive down to the guard station, park, and go into the Pass Office to request a base pass. The driver MUST have his/her current Driver’s License, Car Safety Check, and Vehicle Registration documents. All passengers must have some form of ID. Allow enough time to get through this process, which could take up to 10 minutes. Drive at the posted speed limit and use only hands-free cell phones while on the base.

Questions? Contact Wanda Kohashi at wkohashi@yahoo.com or 429-2259.

Warriors 4-H Club
Winding Down the 4-H Year

As the 4-H year comes to a close, I hope that the 4-Hers are completing their record books and recording all they did for the year. I always look forward to the stories that they 4-Her write. I can see what they enjoyed throughout the year. Record books are due on June 7th and if you turn in a record book, the awards will be given out at the 4-H Achievement and Leader’s Recognition Banquet on June 29th.

Congratulations to all the graduating seniors this year. The Hawaii 4-H Alumni Association awarded a $750 Weinberg Scholarship to Viangca Cleopas at the Farrington Award’s Ceremony on May 9th. I also presented to her (again) the Kraft’s Food Show Scholarship. She received a total of $1000 for her to further her education at Honolulu Community College.

Hope you all have a great summer and will be ready for a new year this fall. Be safe and enjoy yourself whether you are participating in the summer 4-H activities, traveling, going to summer school, working or just staying at home and relaxing.

Rose Saito

2013 Oahu County Livestock Show

Kawailoa Ranch
June 15, 2013

The Oahu 4-H livestock clubs will be hosting their county 4-H livestock show at Kawailoa Ranch, North Shore on June 15th. 7 am will be arrival of animals. 8 am is weigh-in for all projects. The 4-H parade of members will start prior to the show at 10 am. The members will be showing 9 hogs, 10 lambs, 3 steers, 6 goats, and fancy chickens. Cloverbud members will be showing chickens and rabbits. Mr. Isaac Robles will be our show judge. There will be a silent auction and recognition of our 3 high school graduates, Karielyn Almeida, Makaleka Barros, and Wyatt Rita. Mahalo to Ms. Patti Desoto, Kawailoa Ranch owner, for her years of support to host our show.

Steve Nagano

2013 Farm Fair Opportunities

4-H Volunteers are needed for the Farm Fair. The fair will be held at Kualoa Ranch from 9 am to 7 pm on Saturday, July 13 and 9 am to 5 pm on Sunday, July 14.

1. Recycling - We need help with collection, sorting, and turning in cans and plastic bottles to the collection station. Preference is for adult/parent and youth to work as a team. We’ll set up 3 hour shifts. If interested, please contact Walter Horikawa at aloha4h@hawaii.rr.com or at 623-6553.

2. Games in the 4-H Exhibit Tent - The Oahu County 4-H Organization needs your help with running games with the Future Farmers of America with the proceeds to be shared between FFA and the Oahu 4-H Organization. We need help with "simple" games. Volunteers will accept payment, describe the game, and pass out the prize. Games being proposed are water pong (test skill by throwing a ping pong ball into different sized cups to determine prize), balloon pop quiz (pop a balloon and answer question in balloon to win prize), ring toss (toss shower ring around a soda bottle and win a prize), keiki fishing (give a child a fishing pole with clothes pin at the end and see what you catch), animal in a cup (an animal to be placed under one of three cups, the cups are shuffled and you need to show which cup has the animal), 3 in a row (give 4 bean bags and land 3 in a row, either vertical, horizontal or diagonal to win
prize), 4-H wheel (spin the wheel and get a prize), and if you have any additional games to loan, can we could use them? Please contact Steve at snagano@hawaii.edu or 453-6054 by June 28th.

3. Demonstrations on the Main Stage - Are you interested in doing a demonstration featuring a project you have participated in this year at the Farm Fair? We are tentatively looking at a 15-25 minute demonstrations, depending on the schedule of Main Stage activities. Food demonstrations can be done, but we cannot pass out samples due to health reasons. The demonstrations will be done on the Main Stage at the fair. The time slots are not finalized as this point. More information to those you respond to Steve at snagano@hawaii.edu or 453-6054 by June 15th.

The Oahu 4-H program will also be offering mini workshops for children and their parents throughout Saturday and Sunday featuring Healthy Living and Science projects.

Steve Nagano

Betty Zane Shimabukuro Fund Raiser

Thanks you to all of you who helped with purchasing tickets for the Betty Zane Shimabukuro fundraiser. The drawing was held on April 20th, at the State Leaders Federation meeting here in Honolulu. Congratulations to all the winners:

"BEST OF BIG ISLAND"- 3 EACH  
Molokai 4H Livestock Club  
Molokai 4H Livestock Club  
Jeno Enocencio – Hilo

"BEST OF MAUI" - 3 EACH  
Kona 4-H Federation  
Molokai 4H Livestock Club  
Jean Quia – Oahu

"BEST OF MOLOKAI/LANAI" - 3 EACH  
Kona 4H Federation  
Kona 4-H Federation  
Gavin Shimogawa – Kauai

"BEST OF OAHU" - 3 EACH  
Tracey Kaneshiro – Hilo  
Gary Heusel – Oahu  
Leah Teramoto – Kona

"BEST OF KAUAI" - 3 EACH  
Rachel Lyons – Maui  
Janet Shimada – Maui  
Larry Marushige – Kauai

WINNERS OF THE FASHION SHOW, COMMUNICATIONS FAIR & PHOTOGRAPHY

Congratulations to the following 4-Hers who took Top of Show honors:

<table>
<thead>
<tr>
<th>Name</th>
<th>Event</th>
<th>Grade</th>
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</thead>
<tbody>
<tr>
<td>Staci Kohashi</td>
<td>Fashion Revue</td>
<td>Senior</td>
</tr>
<tr>
<td>Farin Fukunaga*</td>
<td>Communications Fair</td>
<td>Senior</td>
</tr>
</tbody>
</table>
*Farin also received a $100 scholarship from the Na Pili Aloha 4-H Club who disbanded their club after the girls graduated from high school and donated $100 for the Communication Fair award. To receive the scholarship, the 4-Her had to enter a speech or a demonstration in the November event and enter 2 or more photographs for the photography contests.

The following 4-Hers received purple ribbon for their photographs during the photography contest held in conjunction with the Fashion Show. To receive a purple ribbon the 4-Her must have scored 97 or higher on entries. Great job 4-Hers!

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Farin Fukunaga</td>
<td>“The Fly that Got Away”</td>
<td>Senior</td>
</tr>
<tr>
<td>Madison Helmer</td>
<td>“Branching Out”</td>
<td>Inter</td>
</tr>
<tr>
<td>Kym Kanenaka</td>
<td>“My 4-H World”</td>
<td>Senior</td>
</tr>
<tr>
<td>Kym Kanenaka</td>
<td>“Catch the 4-H Wave”</td>
<td>Senior</td>
</tr>
<tr>
<td>Kym Kanenaka</td>
<td>“Mmmm...4-H, 4-H, 4-H, 4-H”</td>
<td>Senior</td>
</tr>
<tr>
<td>Kym Kanenaka</td>
<td>“4-H Starts with a Little Rain Drop”</td>
<td>Senior</td>
</tr>
</tbody>
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Rose Saito

Fashion Show & Photography Show

April 28, 2013 @ UH Manoa Art Auditorium

We are extremely thankful for the Spartans as they did an amazing job for chairing this year's Masquerade Fashion Show.

There were beautiful outfits modeled for fashion show and eye-catching photos were entered for the photography show.

Mahalo to all the judges for both events as they gave up their time for us!

The mask showcase contest was effective and did a great job as a replacement for entertainment.

Leichelle Rabago

4-H Project Spotlight

_There’s No New Water!_ is a water conservation and water quality curriculum grounded in a simple yet powerful concept that water is a finite natural resource whose quantity and quality must be responsibly preserved, protected, used, and re-used. The _There’s No New Water!_ curriculum is designed for high school age youth, with six sequential learning modules that utilize effective pedagogy and scaffold learn-ers’ knowledge and skills. The curriculum is intended for delivery in out of school group settings and facilitated by an adult. The curriculum begins with an exploration of the natural water cycle; explores human interventions that affect water quality and quantity; examines the effects of the urban/rural interface on water quality and quantity; includes the identification and implementation of service-learning projects that address local water conservation issues; and culminates with a set of activities for younger youth and families designed to be led by teens as teachers. This series is available for purchase from the National 4-H Supply Service or to borrow from the Urban Garden Center.

Other Opportunities

National Institute on Drug Abuse Teen Advisory Group
The National Institute on Drug Abuse (NIDA) is now accepting applications from teens to join its Teen Advisory Group (TAG). The TAG meets online and by conference call four to six times a year to share thoughts and feedback about NIDA for Teens materials, the Website, and other program components. Since 2009, the TAB has been critically important in helping NIDA reach teens with engaging information about drug abuse and addiction.

Additional details:

- All teens in grades 8-11 are welcome to apply.
- The TAG will meet online for 1 hour, four to six times during 1 year. TAG members receive a $25 stipend for each discussion in which they participate.
- Discussions will be held in the evening via webinar and conference call.
- The TAG will start in September 2013 and end in August 2014.

Email NIDATAG@iqsolutions.com to request an application. Applications are due June 30, 2013.

National Child Awareness Month Youth Ambassador Program
Deadline: June 16

Do you have a passion for community service? Have you worked hard to solve a local problem and want to do more? Apply for the National Child Awareness Month Youth Ambassador Program (NCAM). This year-long Ambassadorship will train youth (ages 16-22) to address critical issues facing youth. Fifty-one Youth Ambassadors will be selected - one per state - creating a powerful national network of young people who raise their collective voice in service to other youth. Each Ambassador will receive $1,000 grant, travel to a leadership training in Washington, D.C., and ongoing support and guidance as they implement their service projects. www.YSA.org/grants/NCAM

United We Serve: Let’s Read. Let’s Move.

United We Serve: Let's Read. Let's Move. calls on all Americans to participate in combating summer reading loss and childhood obesity through volunteering and service this summer.

Important facts:

- Kids need 60 minutes of play a day to be healthy.
- Hunger doesn’t take a break for the summer: 19 million children receive free or reduced price meals during the school year, but only 2.3 million receive summer meals.
- Reading five books during the summer prevents learning loss.

Learn how you can help address summer reading loss and childhood obesity by engaging youth in summer reading and physical activity, as well as providing information about healthy, affordable food. www.serve.gov/lrlm.asp

Cook Out For No Kid Hungry

This summer, as you celebrate warm afternoons and evenings, you can help end childhood hunger at the same time by dedicating your gathering to No Kid Hungry. Invite everyone you know to join your cook out and donate to help end childhood hunger in America. Light your tiki torches, citronella candles, and grills this summer to Cookout for No Kid Hungry in 3 easy steps:

- Create your personal Cookout for No Kid Hungry fundraising page.
- Invite all your friends and ask them to join you in making a donation to end childhood hunger.
• Cook your favorite meats and veggies and enjoy some summer goodness with your friends.

Helping to feed hungry kids this summer has never been so easy. Join Share Our Strength this summer to Cookout for No Kid Hungry! [www.nokidhungry.org/cookout](http://www.nokidhungry.org/cookout)

**Mandela Day - July 18**

Mandela Day is a global call to action that celebrates the idea that each individual has the power to transform the world, and the ability to make an impact. The Mandela Day campaign message is simple: Mr. Mandela gave 67 years of his life fighting for the rights of humanity. Everyone can give 67 minutes of their time. Mandela Day is a call to action for individuals - for people everywhere - to take responsibility for changing the world into a better place, one small step at a time, just as Mr. Mandela did. Become a Mandela Day Changemaker, share your Mandela Day deed, spread the word, and find a list of 67 Ways to Change the World at: [www.mandeladay.com/static/join](http://www.mandeladay.com/static/join)

**4-H Power of Youth**

For additional articles on 4-H youth development nationwide, check out the National 4-H Power of Youth here: [http://www.4-h.org/about/news-press-room/power-of-youth/](http://www.4-h.org/about/news-press-room/power-of-youth/)

*If you have a disability and require special assistance during any of our planned 4-H activities, please call the applicable County Extension 4-H Youth Development Agent two weeks prior to the event.*

We welcome your story ideas. Please e-mail them to nakatsuk@hawaii.edu