FOOD: JUST GROW IT! Project Logic Model
Kealakehe High School 2002-2003 School Year [06/027/02]

Objectives:
1. Acquire and apply conceptual knowledge of health promotion, disease prevention, and biological science.
2. Acquire and apply methodologies for healthy lifestyles, disease prevention, and biological science through food production.

Inputs	Outputs	Outcomes		
		Short-term (increase knowledge, learn new methods)	Medium-term (use improved knowledge, skills, attitude)	Long-term (improved human, environment, economic conditions)
Attitudes & Behavior Materials (seeds, paper, pen, soil) Uniforms Tools & Equipment	Develop professionalism ■ On time ■ Proper clothing ■ Use of and show care Build knowledge & expose use of tools, equipment & facilities Plant/grow vegetable garden (fast growers, e.g., basil, spring onion, fenugreek, alfalfa sprouts, soybeans)	*Rot for Your Plot* ➢ Students understand the composting process ➢ Student learn about integrated pest management techniques and/organic pest control methods *5-A-Day* ➢ Students learn about healthy food choices based on dietary guidelines and the food guide pyramid ➢ Students learn safe food handling and preparation *Sense of Caring* ➢ Students plan and organize community service projects	*Rot for Your Plot* ➢ Students harvest vegetables/fruits for food preparation sessions ➢ Students grow vegetables and fruits in home and/or school gardens *5-A-Day* ➢ Students eat 5 fruits/vegetables per day ➢ Students develop brochures, charts, restaurant menus *Sense of Caring* ➢ Students prepare Quiche donation to elderly using herbs from garden (work w/interac FFA, FCCLA) ➢ PAINA (party) using grown products and F.S. cooks	➢ More food is grown in Hawaii using less pesticides ➢ Teens eat more nutritious food ➢ More teens become involved in community service

➢ External Influences: