Bean Salad Spread
Ingredients:

- 2 (15 ounce) cans of beans
- ½ small round onion
- 1/2 cup celery
- 1 ½ tablespoons vinegar
- ¼ teaspoon salt
- ¼ teaspoon powdered mustard
- 2-3 tablespoons water
Utensils / Equipment:

- can opener
- colander
- 1/2 cup measure
- measuring spoons
- knife
- fork
- cutting board
- 2 bowls
- mixing spoon
Directions:

1. DRAIN and RINSE beans.
2. MINCE onion & celery. SET aside.
3. In a large bowl, MASH beans until half of them form a paste.
4. ADD vinegar, salt and mustard to bean paste.
5. ADD onion & celery.
6. ADD water and MIX.
7. ENJOY with veggie sticks or tortilla chips.