

Prevent Rat Lungworm Disease



In the kitchen:

WASH your hands with soap and water. **CLEAN** your kitchen surfaces, cutting boards and utensils.

RINSE

SEPARATE the leaves and sections.

LOOK. (Inspect for slugs and other debris.)

RINSE with clean potable (drinkable) water.

(Additives don't add any benefit.)

LOOK again. (Recheck for what you may have missed.)

RINSE. (Rinse again before preparing.)

COOK

RINSE well. **COOK** to 165°F.

For more information on Rat Lungworm Disease, see the CTAHR Farm Food Safety website: <http://manoa.hawaii.edu/ctahr/farmfoodsafety/rat-lungworm/>



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