QUESADILLAS

Number of servings: 5

Ingredients:
- 1 tomato
- 2 cups grated cheese
- 1 (10-count) package small flour tortillas
- Optional: bell peppers, round onions, taco sauce, beans: kidney, pinto, OR refried

Directions:
1. DICE tomatoes and other optional ingredients. SET aside.
2. GRATE cheese. SET aside.
3. In a large skillet/pan, PLACE tortilla to warm.
4. SPRINKLE tomato and cheese on tortilla.
5. ADD Optional ingredients on top of tortilla: CHOPPED bell peppers OR round onions, taco sauce, and beans.
6. PLACE a second tortilla on top.
7. HEAT until cheese is melted.
8. CUT into wedges like a pizza.

Variations:
Use other cheeses.
Use other vegetables.

ALWAYS PRACTICE SAFE FOOD HANDLING TECHNIQUES.

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