QUESADILLAS

Number of servings: 5

Ingredients:
1 tomato
1 (8-ounce) block cheese
1 (10-count) package small flour tortillas
Optional: bell peppers
round onions
taco sauce
beans: kidney, pinto, OR refried

Directions:
1. DICE tomato and other optional ingredients. SET aside.
2. GRATE cheese. SET aside.
3. In a large ungreased skillet/pan, PLACE one tortilla to warm.
4. SPRINKLE tomato and cheese on tortilla.
5. ADD optional ingredients on top of tortilla: bell peppers, round onions, taco sauce, and beans.
6. PLACE a second tortilla on top.
7. HEAT until cheese is melted.
8. REMOVE from pan and CUT into wedges like a pizza.

Variations:
Use other cheeses.
Use other vegetables.

ALWAYS PRACTICE SAFE FOOD HANDLING TECHNIQUES.