SKILLET LASAGNA

Number of servings: 9

Ingredients:
1 cup cooked chicken OR turkey
1 (24-ounce) jar spaghetti sauce
1 (8-ounce) can tomato sauce
salt and pepper to taste
2 cups uncooked macaroni
2½ cups water
2 (10-ounce) boxes frozen spinach
1 cup shredded cheese

Directions:
1. DICE or SHRED chicken OR turkey.
2. In a large skillet or large pot, COMBINE chicken OR turkey, spaghetti sauce, tomato sauce, salt, pepper, macaroni, and water.
3. Bring to a BOIL, REDUCE HEAT, COVER and SIMMER 20-25 minutes or until macaroni is tender.
4. ADD spinach and COOK until thawed. MIX well.
5. SPRINKLE with cheese.

Variation:
Substitute tofu for meat (one block drained and mashed).

ALWAYS PRACTICE SAFE FOOD HANDLING TECHNIQUES.