Course Description:

Combination lecture-discussion course intended to provide majors in human nutrition, food science, and animal sciences with opportunities to learn about skill and competencies necessary to succeed in college and in the workplace. Students will also learn about various career opportunities in the field as well as go on field trips to career-related job sites. Open to FSHN and ANSC majors only. No pre-requisites.

Course Justification:

This course is intended to facilitate the student’s entry into the university community and the life of a college student so that he/she can optimize his/her experience. This course will have students learn about university resources, learn and practice success skills (listening, speaking, writing, taking notes, studying for exams, etc.). In particular, students need to be introduced to and reflect on personal values that are critical in their profession: attitude, integrity, time management, and passion. This course will also provide opportunities for students to listen and dialogue with professionals in the food science and human nutrition field as well as schedule field trips to some of the work sites of these professionals.