SNAP-Ed goal: The SNAP-Ed goal is to improve the likelihood that persons eligible for SNAP will make healthy food choices within a limited budget, and choose physically active lifestyles consistent with the current dietary guidelines for Americans and the USDA food guidance.

SNAP-Ed
Supplemental Nutrition Assistance Program—Education

811 Participants
432 Graduated
62% Completion rate
1,802 Family members served
16 Volunteers

Nutrition
Food Safety
Budgeting
Fruits/ Veggies
Physical Activity

84% of participants showed improvement
60% of participants showed improvement
81% of participants showed improvement
57% of participants showed improvement
73% of participants showed improvement

Feedback from Participants & Agencies:

- "Most important thing learned: Budgeting, different ways of cooking to cut down on salt, sugar and fat"
- "I learned to eat better, shop smarter and know what I'm eating"
- "Eating healthy doesn't have to break the bank."
- "The participants were completely engaged and retained what they learned. They had nothing but positive things to say about the SNAP-ED staff and the program."

Grow Your Own Program
FY2017 GYO Statistics:

- 53 SNAP participants, 47 completed (89% grad. rate)
- 90% of participants were in preparing to grow their own food
- 33% of participants started to grow their own food

Food Pantry Education

- 25 food pantries presented with nutrition education lessons on:
  - MyPlate, Fruits and Vegetables, & Handwashing
- 2,354 food pantry participants were presented with 3-5 minute mini lessons, with 808 actively participating in activities

SNAP-Ed website:

- 493 website visits & 935 webpage views

SNAP-Ed NEW related websites:

- 7,671 webpage visits & 14,562 webpage views

Agency Relations:
94 community agencies
EFNEP
Expanded Food & Nutrition Education Program

Provides:
- Nutrition classes for Adults and Youth to eat better, keep foods safe and budget their money
- Knowledge and skills to help make better choices for themselves and their families
- Grow Your Own, a supplemental curriculum, teaches adults to create a sustainable container garden and harvest their own fruits and vegetables. These classes encourage participants to eat more fruits and vegetables.

HCCNP
Hawaii Child Care Nutrition Program

HCCNP’S IMPACT HAS HELPED...

- Completed 191 menu reviews state-wide, reaching over 10,000 children in child care
- Provided training for 31 child care licensing workers and supervisors, state wide
- Sent semi-annual newsletters to about 300 licensed family child care providers
- Provided 24 different training opportunities for 192 child care providers & staff from 161 different licensed child care centers & homes, state-wide
- Sent quarterly newsletters to about 300 licensed child care centers

<table>
<thead>
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<th>Participants</th>
<th>Graduated</th>
<th>Completion rate</th>
<th>Family members served</th>
<th>Volunteers</th>
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<td>1,023</td>
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<td>78%</td>
<td>2,428</td>
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</table>

Adults that went through Food & Money Basics curriculum:
- 90% Eat better
- 71% Keep food safer
- 43% Move more
- 86% manage money better

Adults that went through Grow Your Own curriculum:
- 91% Eat better
- 83% Keep food safer
- 35% Move more
- 83% manage money better

Youth that went through Health Kids Club curriculum:
- 87% Eat better
- 64% Keep food safer
- 67% Move more
- 51% manage money better

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