1. Add fresh raspberries to breakfast cereals, ice cream, fruit salad, drinks, puddings, jelly, or sherbets

2. A guava has 100-500 small seeds.

3. The grapefruit got its name from the way it grows in clusters, like grapes, on a tree.

4. The Chinese consider the lychee a symbol of romance and love due to its red color and heart shape.

5. It takes about 250 cherries to make one cherry pie.

6. Use fresh tomatoes, your favorite cheese, and basil to make a salad.
There are more than 200 varieties of chilies.

Strawberries are the only fruit with seeds on the outside.

There are more than 7,000 varieties of apples grown in the world.

Every part of the watermelon is edible, even the seeds and rinds!

Add roasted bell peppers to dips to add extra flavor.

When taking photographs, South Koreans often use the word "kimchi" in the same way English speakers tend to use the word "cheese".

There are more than 200 varieties of chilies.
Use chopped fresh cranberries, ripe oranges and a dash of sugar to make fresh cranberry sauce.

The pomegranate is one of the oldest fruits in existence. Records of this fruit date back to 100 B.C.

Use shredded cabbage, mayonnaise and spices to make coleslaw.

Radishes come in many colors, including red, pink, white, and black, and some varieties grow to 100 pounds or more.

In ancient times, people only ate the greens from the beet not the root portion.

Although rhubarb is a vegetable it is often used in desserts.
To use this SKIP card:
Think of a snack using one RED fruit.

To use this REVERSE card:
Name two RED fruits you would like to eat this week.

To use this DRAW 2 card:
List any 3 RED fruits.

To use this SKIP card:
Think of a snack using one RED vegetable.

To use this REVERSE card:
Name two RED vegetables you would like to eat this week.

To use this DRAW 2 card:
List any 3 RED vegetables.