



## FOOD: JUST GROW IT! Project Logic Model

### Kauai High School 2002-2003 School Year [06/027/02]

**Objectives:**

1. Acquire and apply conceptual knowledge of health promotion, disease prevention, and biological science.
2. Acquire and apply methodologies for healthy lifestyles, disease prevention, and biological science through food production.

Inputs	Outputs	Outcomes		
		Short-term (increase knowledge, learn new methods)	Medium-term (use improved knowledge, skills, attitude)	Long-term (improved human, environment, economic conditions)
Teachers: <ul style="list-style-type: none"> <li>▪ Agri-Tech</li> <li>▪ Counseling</li> <li>▪ Health</li> </ul> Students grades 9-12 in Agri-Tech Counseling Health	<i>Rot for Your Plot</i> <ul style="list-style-type: none"> <li>➤ Presentation on composting</li> <li>➤ Create compost</li> </ul> <i>5-A-Day</i> <ul style="list-style-type: none"> <li>➤ Presentations on sound nutrition and healthy lifestyles using guest speakers</li> </ul> <i>Sense of Caring</i> <ul style="list-style-type: none"> <li>➤ Speaker on Service Learning</li> </ul>	<i>Rot for Your Plot</i> <ul style="list-style-type: none"> <li>➤ Students understand the composting process</li> </ul> <i>5-A-Day</i> <ul style="list-style-type: none"> <li>➤ Students learn about healthy food choices based on dietary guidelines and the food guide pyramid</li> </ul> <i>Sense of Caring</i> <ul style="list-style-type: none"> <li>➤ Students plan and organize a community service project</li> </ul>	<i>Rot for Your Plot</i> <ul style="list-style-type: none"> <li>➤ Students make compost successfully and use it to grow vegetables in an organic garden</li> </ul> <i>5-A-Day</i> <ul style="list-style-type: none"> <li>➤ Students eat 5 fruits/vegetables per day</li> <li>➤ Students prepare a fruit/vegetable dish</li> <li>➤ Students develop recipes</li> </ul> <i>Sense of Caring</i> <ul style="list-style-type: none"> <li>➤ Students implement a service project related to growing food</li> <li>➤ Luncheon with seniors using organically grown vegetables</li> </ul>	<ul style="list-style-type: none"> <li>➤ Students grow vegetables organically at Kauai High</li> <li>➤ Teenagers and community eat more nutritious foods</li> <li>➤ Teenagers become involved with community service</li> </ul>
Senior Citizens Volunteers Resource people: <ul style="list-style-type: none"> <li>▪ Cafeteria manager</li> <li>▪ UH Extension Service</li> </ul>				

External Influences: