Are you tired of serving the same old snack foods to your children? If so, join us as we discuss how you can reinvent your snacks!

We will:
- share innovative ways you can serve familiar foods
- highlight less familiar, new foods that your children may one day grow to love
- discuss healthful food and beverage options

The workshops offered at all sessions will be the same.

*Please register by the dates noted above.

Contact:
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Honolulu, Hawaii 96822
Phone: (808) 956-4124
Fax: (808) 956-6457
E-mail: hccnp@hawaii.edu
Attention: Kim

For more information, visit our website:
www.ctahr.hawaii.edu/new/hccnp

The University of Hawaii, Cooperative Extension Service (UH-CES) recognizes its duty to provide program accessibility for persons with disabilities. If you have a disability or need special assistance (e.g., sign language interpreter, designated parking), please contact Kim four weeks prior to the workshop date so arrangements can be made.

Spring 2016