This material was produced by University of Hawaii’s Cooperative Extension Service’s (UH-CES) Nutrition Education for Wellness Program (NEW) and its Supplemental Nutrition Assistance Program - Education (SNAP-Ed) with funds from United States Department of Agriculture’s Supplemental Nutrition Assistance Program (formerly known as Food Stamps Program). SNAP was formerly known as Food Stamps Program.

The SNAP and EFNEP Programs provide nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact the State of Hawaii, Department of Human Services, Benefit Employment Support Services Division (BESSD), SNAP at (808) 643-1643 or log onto the Web at:
http://humanservices.hawaii.gov/bessd/snap

For Nutrition Education for Wellness nutrition education programs, contact the University of Hawaii Cooperative Extension Service at 1955 East-West Road, Agricultural Science Building 306, Honolulu, Hawaii 96822; (808) 956-4124 or go online at:
http://www.ctahr.hawaii.edu/new

This Institution is an equal opportunity provider and employer.
Walking Map #1: Aloha Tower Route, Downtown Route

**Start:** Federal Building

- **Aloha Tower Route**
  - Turn **L** on Halekauwila St. walking to and crossing Richards St.
  - Cross Ala Moana Blvd. at Bishop Walk Makai/Oceanside turning **R**ight on Aloha Tower Dr.
  - *(Aloha Tower = 0.35 Mile)*

**Return Route**
- Turn **R** on Aloha Tower Dr.
- Walk along waterfront turning **L** towards Richards St.
- Cross Ala Moana; turn **R** on Halekauwila to FED Bldg.
  - *(Round Trip = 0.65 Mi)*

**Downtown Route**
- Turn **L** on Halekauwila St, walk through Mililani Mall to Queen St
- Turn **L** on Queen St crossing Richards and Alakea to Bishop St
- Turn **R** on Bishop to S. King St
  - *(Downtown = 0.46 Mile)*

**Return Route**
- Walk down S. King to Mililani
- Turn **R** on Mililani cross Queen St, Walk through Mililani Mall to Halekauwila St
- **L** on Halekauwila St to FED Bldg
  - *(Round Trip = 0.92 Mi)*

*Map not drawn to scale*