If pesticide is spilled or sprayed on you, wash it off right away with clean water.

Shower or wash yourself with soap and water, shampoo your hair, and put on clean clothes as soon as possible.

At work, pesticides can be on plants and soil, in irrigation water, or drifting from nearby applications.
Wash your hands and face before eating, drinking, smoking, chewing gum or tobacco, or using the toilet.

Wear a hat or cap or scarf, a long-sleeved shirt, long pants, and shoes and socks to protect yourself from pesticides.

For more information on pesticides call:
Hawaii Department of Agriculture Pesticide Branch
1428 South King Street
Honolulu, Hawaii 96814-2512
Phone: (808) 973-9401
Follow directions: keep out of restricted areas.

There are Federal regulations to protect workers. These regulations require that your employer train you in pesticide safety.