

# Growing Tropical Fruit & Nut Trees For The Homeowner

October 15, 2010

UH CTAHR Master Gardening Conference



**College of Tropical Agriculture and Human Resources**  
University of Hawai'i at Mānoa

# Tropical Fruits and Nuts

- **Successful cultivation is strongly influenced by:**

## **Variety (cultivar)**

- **Most trees are propagated vegetatively:**
  - **grafting, budding, airlayering, cuttings**
- **Some trees propagated from seed:**
  - **papaya, coffee, mangosteen**

**Growing environment is important.**

**Cultural practices can be important.**

# Propagation Methods

Rambutan bud grafting



Lychee airlayering



Macadamia grafting



Papaya seed germination





# Importance of Pruning and Training Tropical Fruit Trees

- Manage tree size\*
- Manage flowering and fruiting
- Facilitate Harvesting
- Manage disease and pests



# Lychee: Australia







**Jubilee**



# Macadamia

(*Macadamia integrifolia* = smooth shell macadamia)

- All orchards consist of grafted trees on seedling rootstocks
- All cultivars (varieties) developed in Hawaii
- Trees begin bearing 4 years after planting
- Nuts drop to the ground when mature and are harvested by hand or mechanically
- Nuts are husked, dried and roasted for consumption & sale



Farm and Forestry Production and Marketing Profile for Macadamia Nuts (Nagao, 2010)

[http://www.agroforestry.net/scps/Macadamia\\_specialty\\_crop.pdf](http://www.agroforestry.net/scps/Macadamia_specialty_crop.pdf)

# Optimum Macadamia Growing Conditions in Hawaii

- Deep, well-drained soil is best but orchards also found on rocky soil
- Rainfall: 60 inches (1524 mm)  
drier in spring during flowering
- Temperature: Average annual 69 F (20.6)
  - Average maximum 78 F (25.6 C)
  - Vegetative flushing range 68-86 F (20-30 C)
  - Average minimum 60 F (15.6C)
  - Flowering range 59-64 F (15-18 C)



# Propagation

- Grafting onto seedling rootstocks





**Trees planted into field 8-12 months after grafting. (Varieties: 344, 508, 660, 294, 800, 741, 246)**

**Trees are pruned during first 3 years to produce a well-structured tree with good branching.**





**Relatively free of insect & disease problems.  
Insect pests managed through biological control and  
frequent harvesting.**



**Harvested from the ground  
(4-5 week harvest intervals  
and husked within 24 hrs).**





# Home Processing of Macadamia Nuts

Husk and dry in-shell nuts on wire racks for 3-4 weeks.

Crack when kernels rattle in the shell.

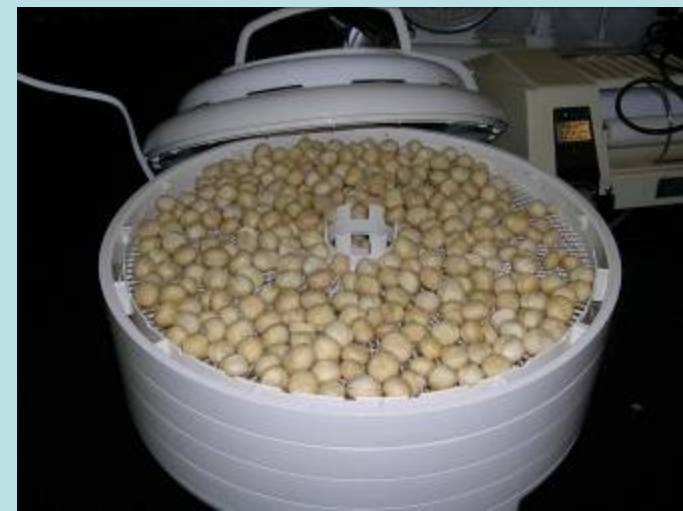
Separate shells and dry kernels in food dehydrator.

2-3 days @ 100 F

4-5 days @ 125 F

2 days @ 140 F

\*Roast @ 275 F for 20-30 min.



**Cooperative Extension Service**  
College of Tropical Agriculture and Human Resources  
University of Hawai'i at Mānoa

*Fruits and Nuts*  
June 2002  
F&N-6

## Processing Macadamia Nuts at Home

*Catherine G. Cavaletto, Department of Tropical Plant and Soil Sciences*

[http://www.ctahr.hawaii.edu/oc/freepubs/pdf/F\\_N-6.pdf](http://www.ctahr.hawaii.edu/oc/freepubs/pdf/F_N-6.pdf)

# Growing Lychee in Hawaii

[http://www.ctahr.hawaii.edu/oc/freepubs/pdf/F\\_N-2.pdf](http://www.ctahr.hawaii.edu/oc/freepubs/pdf/F_N-2.pdf)





# Best Cultivar for HI: Kaimana

- Seedling of Hak Ip (1965)
- Matures June to July
- Spreading growth habit
- Flowers in about 4 years after planting
- High number of male flowers produced early in the season with higher proportion of female flowers later in the season



| Fruit Wt.<br>(grams) | Fruit Diam.<br>(mm) | Edible Pulp (%) | Abortive Seeds (%) | Soluble Solids (%) |
|----------------------|---------------------|-----------------|--------------------|--------------------|
| 20 - 26              | 30 - 40             | 71 - 75         | 40                 | 20 - 24            |

# Additional Lychee Varieties for HI



**Groff**

**Bosworth**







# Natural flowering of lychee, longan and rambutan in Hawaii can be inconsistent.

- Environmental signals for induction of flowering are not consistent from one year to the next (growing environment is important for consistent production).
- Excessive vegetative growth restricts flowering and are affected by:
  - Growing location (soil, rainfall)
  - Fertilizer applications
  - Pruning

# Kaimana Lychee Yields (lbs/tree)

| <i>Location</i> | <i>Tree Age</i> | <i>Mean</i> | <i>Range</i> |
|-----------------|-----------------|-------------|--------------|
| Panaewa 1       | 7               | 40          | 13 - 125     |
| Panaewa 2       | 10              | 49          | 10 - 111     |
| Kurtistown      | 5               | 33          | 6 - 73       |



15° C = 59° F

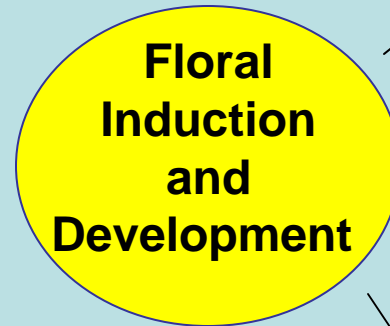
25° C = 77° F



Temp <15°C  
? Weeks (4-8)  
Low Rainfall



**Flowering**

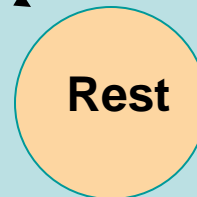


Temp >15°C  
High Rainfall

**Weak Flowering**  
or  
**Vegetative growth**



Temp <25°C  
Low water  
Low N



**Girdle**

**Vegetative Growth**

Temp 25-29°C  
High water



Prune, old  
Panicle removal,  
irrigate, **fertilize**

**Harvest**



## Crop Cycle Kaimana Lychee in Hawaii

**Pruning and (fertilization)**  
after harvest are employed to  
stimulate uniform vegetative  
flushing

**Do not over-fertilize at this time.  
(application of foliar fertilizer may be  
an option)**







Girdling (cincturing) of branches

# Effect of Winter Tip Pruning on Flowering of Kaimana Lychee







**Panicles emerge from pruned shoot.**



# Problems Encountered

## Erinose mites



## Fruit fly



## Birds





# **Lychee Growing Tips**

**‘Kaimana’ is the desired variety due to its consistent flowering under Hawaii growing conditions.**

**Concentrate fertilizer application during fruit development eg. 14-7-28+, 8-6-32+.**

**Prune soon after harvest.**

**Flowering occurs in response to low temperatures that coincide with maturation and regrowth of terminal shoots.**

**Dry weather enhances flowering but does not substitute for low temperatures.**

**Autumn girdling can enhance flowering.**

**Avoid applying high amount of nitrogen.**

**Avoid fertilizer application after September.**

**Keep historical information on yield (flowering) and fertilizer applications to estimate future fertilizer applications.**

# Longan Production in Hawaii

**Cultivars Grown: Biew Kiew (commercial)  
Chompoo, Egami (home garden)**





# Longan Flowering

- Factors involved in natural flowering similar to lychee, therefore, trees should be managed similarly.
- Egami tends to flower and produce more consistently for the homeowner.
- Flowering induced with soil application of potassium chlorate.
- Rates: 250 to 500 g/tree.
- Fruit thinning maybe necessary particularly with some varieties.
- Trees tend to be less responsive to subsequent applications.
- Sodium hypochlorite and calcium hypochlorite can induce some flowering.





## 'Egami', a New Longan Cultivar from Hawaii

*Philip J. Ito<sup>1</sup>, Francis Zee<sup>2</sup>, and Mike Nagao<sup>3</sup>*

<sup>1</sup>Emeritus Horticulturist, CTAHR; <sup>2</sup>USDA-ARS Pacific Basin Agricultural Research Center; <sup>3</sup>CTAHR Dept. of Tropical Plant and Soil Sciences

'Egami' is a very productive cultivar of longan (*Diospyros longan* (Lour.) Steud.). It was selected at

and can be pruned to maintain a low stature. Initially during flowering more male flowers are produced on the

Figure 1. The original 'Egami' longan tree at the Kona Research Station.



Figure 2. Fruits of 'Egami' longan.







**Flowering Biew Kiew Trees**





**Fruit Thinning of Panicle**





**Control**  
*Egami*

6/24/03

**Sodium Hypochlorite**  
*Egami* **Treated: 1/28/03**



6/24/03



# Rambutan Production in Hawaii

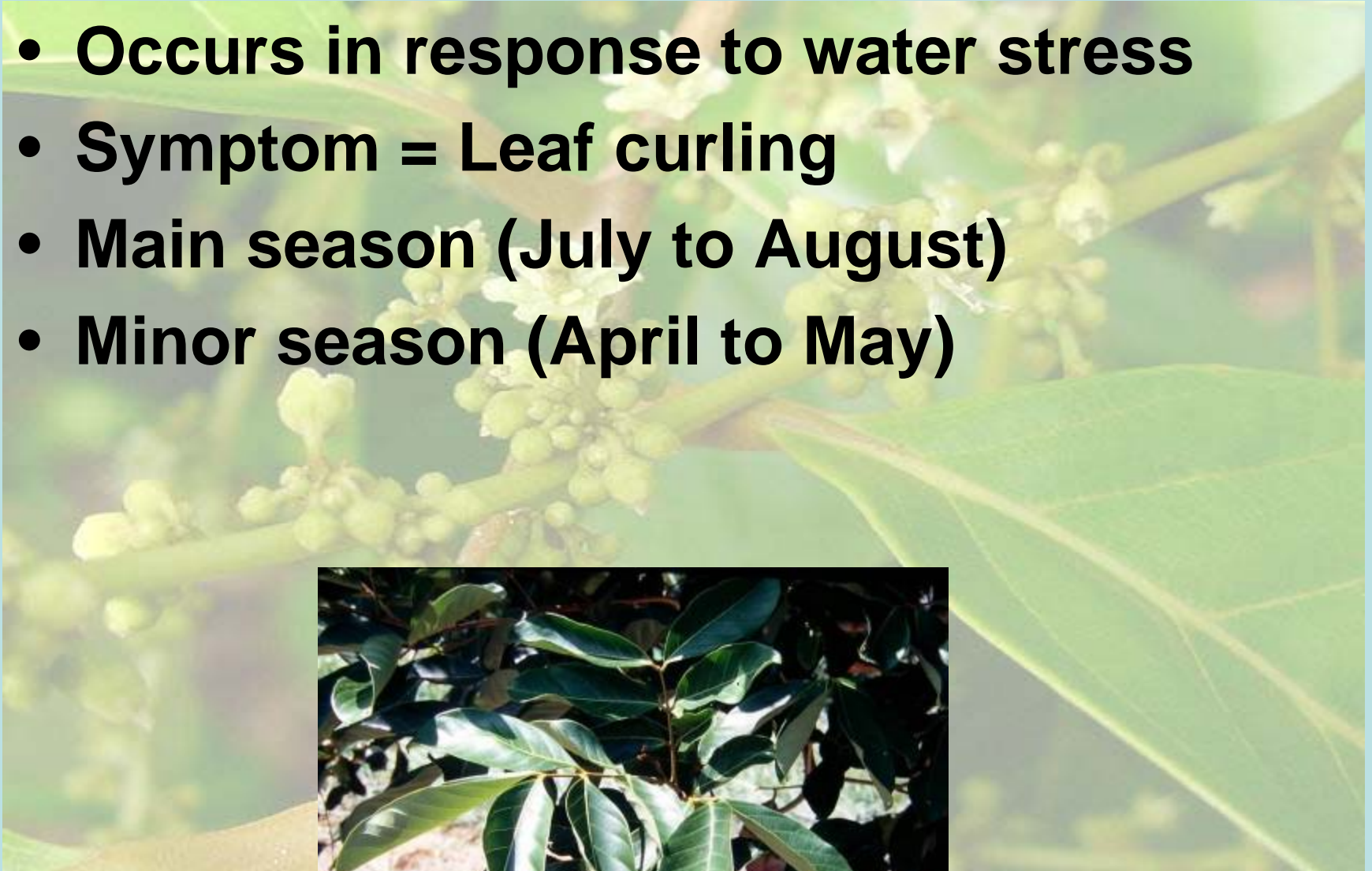
**Cultivars Grown : Jitlee, Binjai, R9, R167, Silengkeng, R156, R134, R162**



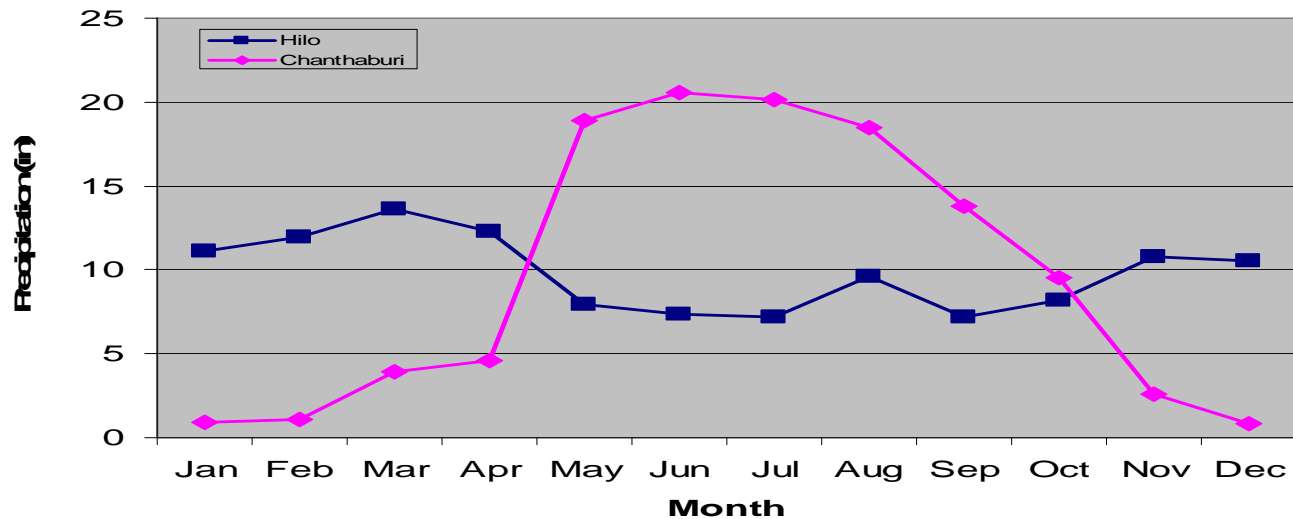
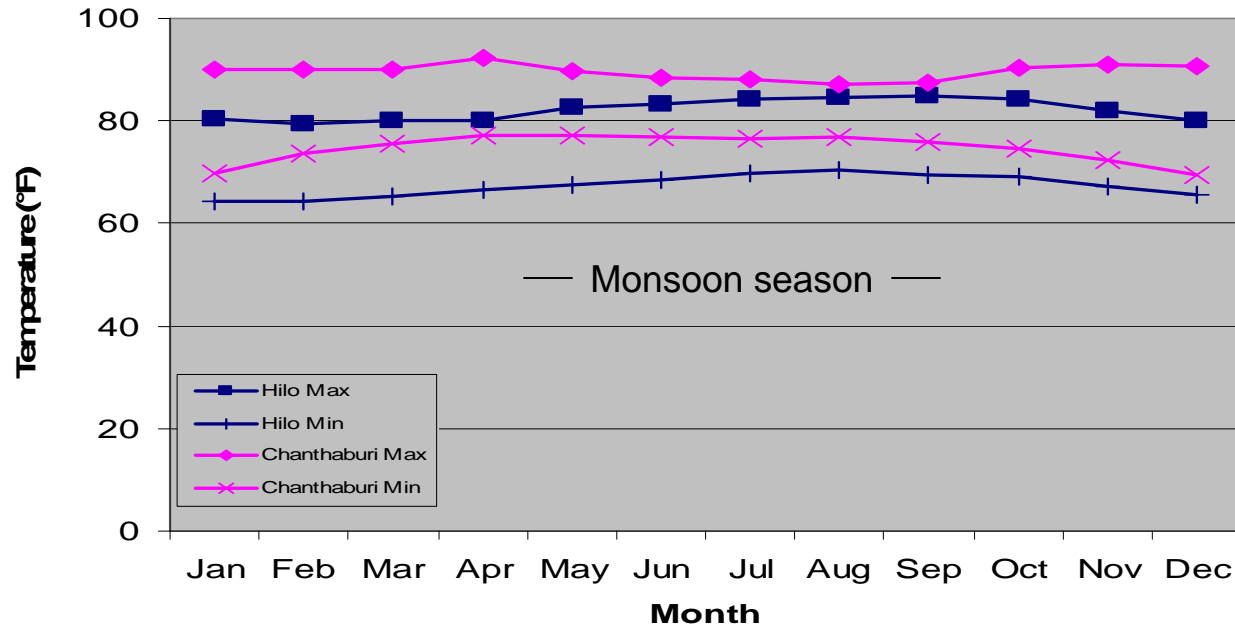


# Rambutan Flowering in Hawai'i

- Occurs in response to water stress
- Symptom = Leaf curling
- Main season (July to August)
- Minor season (April to May)



# Chanthaburi (Thailand) vs Hilo, HI





# **Flowering and Fruit Set of Rambutan In Hawaii**

- **Lack of pollination results in development of deformed fruits.**
- **Cultivars planted in HI produce few male flowers for pollination.**
- **Strategies to enhance development of male flowers important for production.**



**Deformed Fruit**





Flowering rambutan tree



**Male (male tree)**



**Hermaphroditic female  
(majority of flowers)**

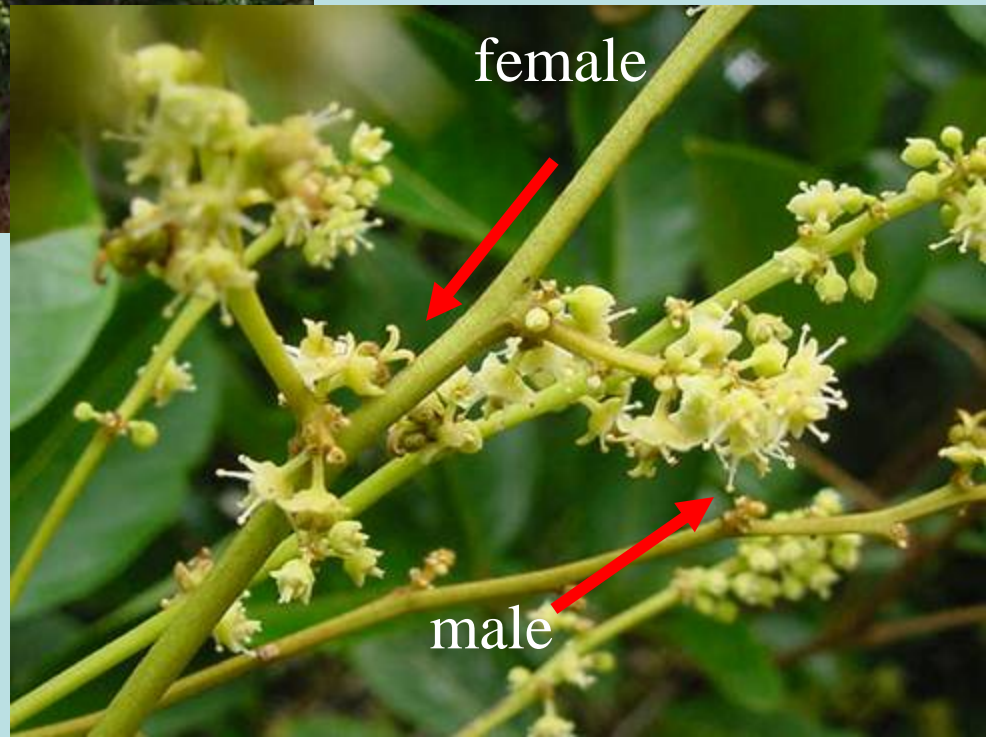


**Hermaphroditic male (very few present < 0.1%)**





**Silengkeng cultivar**  
(pollinator)  
(Produces male & female flowers)





# Citrus

- **How can I make my citrus fruits sweeter?      Fertilizer???**
  - **Variety**
  - **Cultural practices**
  - **Environment**



# Combined Effects of Ecological Factors on Citrus Fruit Qualities.

## **HUMID TROPICS**

Warm Nights, High  
Rainfall

High Sugar, High  
Juice

Thin Peel, Poor Color,  
Fungal Blemishes



Brilliant Color, Minimal  
Surface Blemishes,  
Low Sugar, High acid,  
Thick Peel

## **ARID DESERT**

Cool Nights  
Low Rainfall



Soule, J and W. Grierson (1978). Citrus Maturity and Packinghouse Procedures. IFAS, University of Florida.





# Propagation: Bud Grafting

|                     |  |
|---------------------|--|
| Tangerine<br>Orange | Cleopatra mandarin,<br>Heen Naran, Rangpur<br>lime, Citrus sunki |
| Grapefruit          | Cleopatra mandarin,<br>Heen Naran, Rangpur<br>lime               |
| Lime                | Heen Naran   |
| Pummelo             | Heen Naran, airlayers  |

## Additional Fruit Crops of Interest





# Avocado

**Propagation: Grafting; Plant grafted trees!**



- Sharwil (B): winter – spring (green),  
8-20 oz
- Greengold (A): winter – spring (green),  
8-20 oz
- Kahaluu (B): fall – winter (green) 12-20 oz
- Malama (B): fall-winter (purple), 14-24 oz



**(A) Day 1 am female, Day 2 pm male**

**(B) Day 1 pm female, Day 2 am male**



Kahaluu



Greengold



Malama



Sharwil



# Grafted avocado: multiple cultivars to extend harvesting season.



Cleft graft





# Canopy Management

**Develop strong framework**

**Manage tree size to facilitate easy harvesting**





# Pitaya (Pitahaya, Dragon Fruit) Crop Cycle in Hawaii

| Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec |
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|



Flowering  
(Jul → mid Aug)



Fruit Development  
(end July → mid Oct)

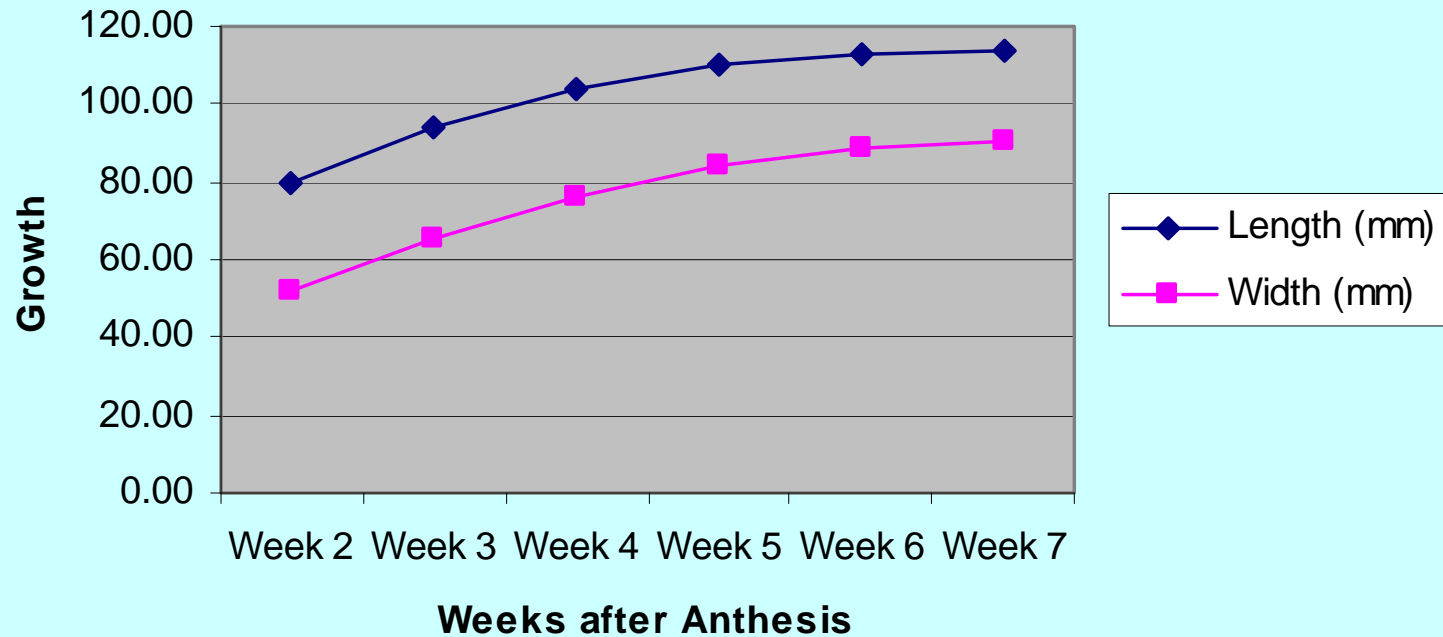


Pitaya: long-day-plant

Harvest  
(end Aug → end Oct)

| Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec |
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|

## Pitaya Fruit Growth



16-30 fruits/tree  
Avg. wt. 550 g



# Production Constraints



Disease



Strong Seasonality



Information on the performance of various clones under HI growing conditions.

**Plant self-fertile clones.**

# Self-Fertile Clones

**CEBRA**



Nic

**SEOUL KITCHEN**



FL

**VALDIVIA ROJA**



Mex



**SIN ESPINAS**

Nic



**PHYSICAL GRAFFITY**

FL



# Mango in Hawaii



# Constraints to Mango Production

## Insect and Disease Management



## Consistent Flowering



## Canopy Management





## Mango anthracnose (*Colletotrichum gloeosporioides*)

**Publications and Photos by  
Scot C. Nelson, CTAHR Plant Pathologist**

<http://www.ctahr.hawaii.edu/oc/freepubs/pdf/PD-48.pdf>



## Mango Powdery Mildew



<http://www.ctahr.hawaii.edu/oc/freepubs/pdf/PD-46.pdf>

## Insect & Disease Management



<http://www.extento.hawaii.edu/fruitfly>

## Flowering



## Vegetative Flushing



**Branch** **Cool temp**  
**Age** **<59 F**  
(florigenic promoter)

**2. Induction**

**Warm temp**  
(vegetative promoter)



**1. Shoot Initiation**

pruning, nitrate sprays, cool temp





# Mango Cultivars Responding to Potassium Nitrate (4%)

- Haden
- Momi K
- Ruby
- Joe Welch
- Keitt
- Excel
- Pope
- Manzanillo

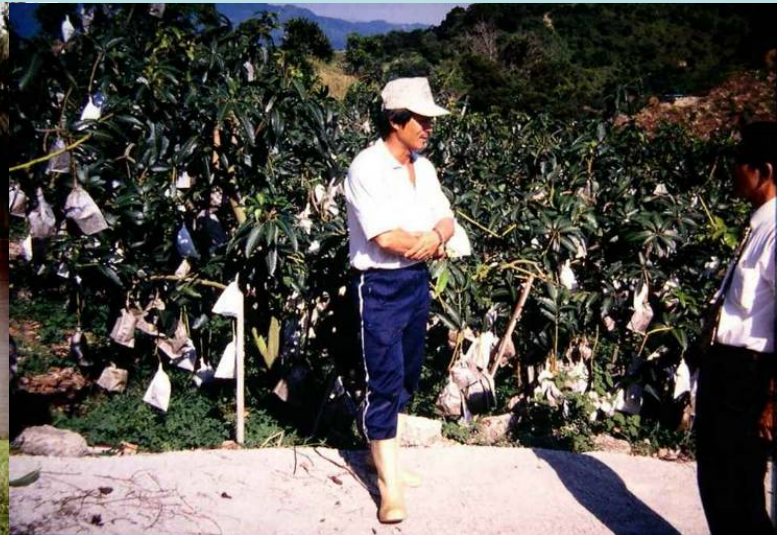


# Canopy Management

Rockhampton, Australia

South Florida

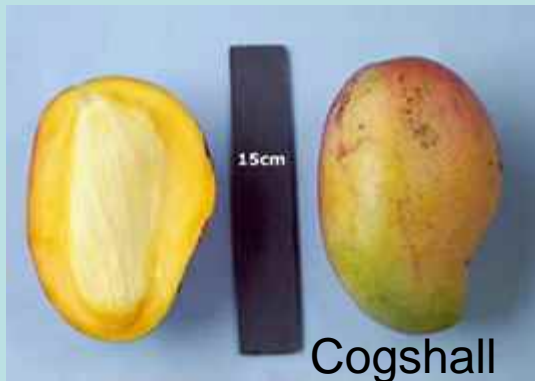
Taiwan





Cogshall  
Fairchild  
Neelum  
Lancetilla  
Mallika  
Rosigold  
Angie

# “Condo” Mangos



# Mangosteen In Hawaii

**“Queen of Fruits”**





# Mangosteen Crop cycle East Hawaii (2008-2010)

| Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec |
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|



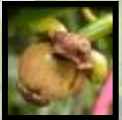
Flushing period #1  
(mid June → mid Aug)

Flushing period #2  
(mid Nov → late Dec)



Flowering period #1  
(early Apr → late June)

Flowering period #2  
(mid Aug → mid Sep)



Harvest period #2  
(early Jan → mid Mar)

Harvest period #1  
(early August → early  
Sep)

| Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec |
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|



# **Production Constraints**

**Long juvenile period**

**Inconsistent flowering**

**Insect pest damage  
(mangosteen caterpillar)**



**Canopy area has a greater contribution to first flowering (precocity) than age.**

First bearing =  $50.3 \text{ m}^2$  ( $541.4 \text{ ft}^2$ ) canopy surface area

**Canopy---** Height = 14.5 – 15 ft  
Diameter = 8.5 – 9 ft



## “King of Fruits”

| Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec |
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|



Fushing  
(Jan)



Flushing  
(Mar→May)



Flushing  
(Aug → Sep)



Bud development  
(beg Feb→April)



## Bud Development #2 (June → Aug)

Flowering  
(end Mar→April)



Flowering #2  
(June → Sep)



| Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec |
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|



## Fruit Maturation

D 24: ~ 20 weeks

Mon Thong: ~ 26 weeks

Ave. wt.: 4.9 lbs

Ave. wt.: 14.7 lbs.





# Production Constraints

- Inconsistent flowering
- Inconsistent fruit set; pollination problems.
- Varieties best for HI



# Papaya







**Hermaphroditic flowers**



**Propagation from Seeds**

**Female flowers**





**Male tree**

**Fruits from female flowers**







Papaya ringspot  
virus disease





**Rainbow**

**Sunup**

**Kahoho**



**(GMO)**

**(GMO)**



# Other Tropical Fruits

- Coffee
- Annonas



Banana

- Spice Crops
- Cacao



# End

